

The Art Sherpa Presents  
*Horse And Girl At Sunset*  
*Best Friends*

Name credit to Patron: Shannon Yanes



10 Steps

Difficulty: Beginner - 2 Hoot 🦉🦉

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# PAINT AND TOOL GUIDE

Use this paint legend below to understand the symbols that I use to give you important painting information.

## PAINT

- Cadmium Red Medium
- Cadmium Yellow Medium
- Burnt Sienna
- Mars Black
- Titanium White

## BRUSHES

- Medium Synthetic Bright
- Small Synthetic Round
- Large Hog Round
- Small Synthetic "D"

## TOOLS

- 11X14 Canvas (If you notice that your canvas started to warp, as sometimes happens, just turn the canvas over and put it back side forward on your easel, then mist the back of the canvas. It usually resolves itself. Let it dry before you proceed.)
- Optional: Sta-Wet Palette
- Chalk Pencil or Watercolor Pencil
- Mixed Media Pad

## TECHNIQUES

- Color Theory
- Implying Foliage
- Expressive Painting Strokes
- Being Painterly and Loose
- Atmospheric Perspective
- Finding Value
- Directionality
- Blending Wet into Wet
- Clouds
- Setting a Horizon line
- Color Mixing
- Implying Motion
- Painting a Silhouette Landscape

# Step 1 - Sketch Demonstration

Timestamp 3:48  
“Horsing Around”

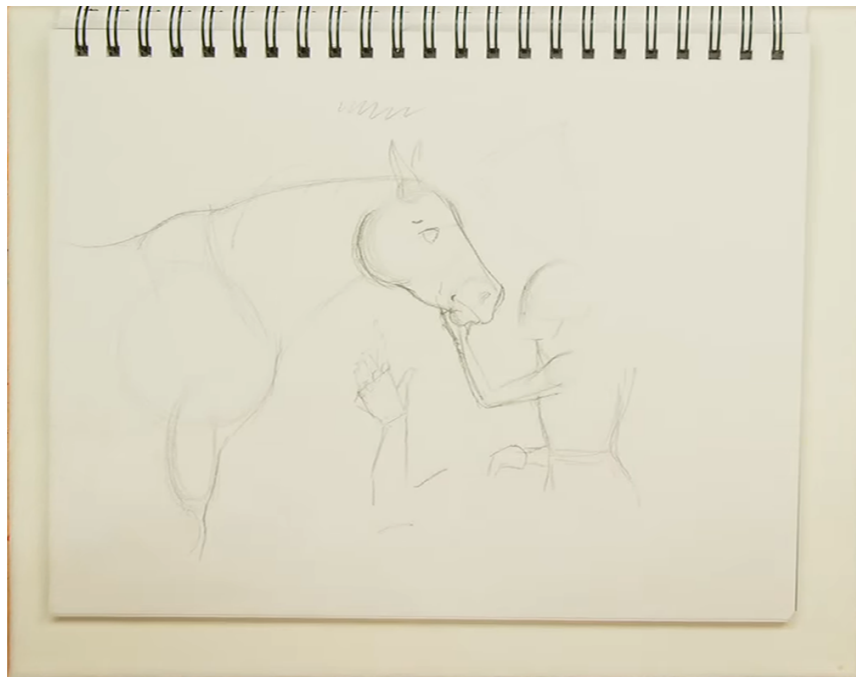
## PAINT

## BRUSHES & TOOLS

- Mixed Media Pad
- Pencil

## STEP DISCUSSION

In this step I demonstrated how to lightly sketch the image using shapes. Adjust them to find proper size and positions on the surface while working



## Step 2 - Sketch

Timestamp 14:30

“Do It To It”

### PAINT

- Mars Black

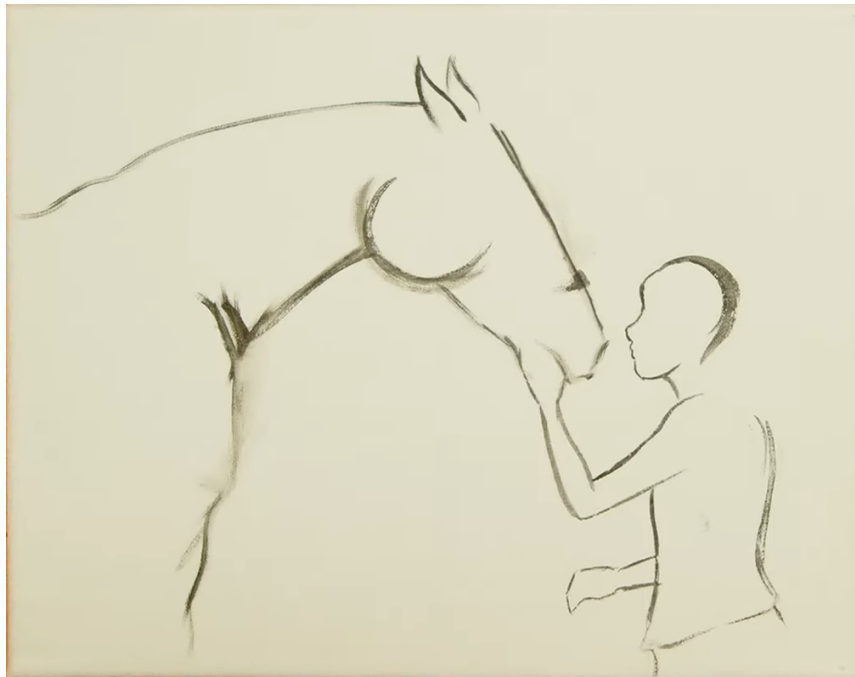
### BRUSHES & TOOLS

- Small Synthetic Round
- Small Synthetic D-Brush

### STEP DISCUSSION

I freehanded the image using paint, but you can use whatever method makes you the most comfortable. You can use a chalk pencil to grid, transfer, trace or freehand the image. Draw only the main objects with chalk.

Ensure that the surface is dry before continuing to the next step.



## Step 3 - Colored Ground

Timestamp 23:28

“Here Comes The Sun“

### PAINT

- Cadmium Red Medium
- Cadmium Yellow Medium
- Titanium White
- Burnt Sienna

### BRUSHES & TOOLS

- Medium Synthetic Bright

### STEP DISCUSSION

This step explains how to create a sunset background with color gradients and blend it with the image edges. This will make the image seamlessly stand out in the front. Rinse the brush.

Ensure that the surface is dry before continuing to the next step



## Step 4 - Block In Bushes

Timestamp 30:45

“Bushels Of Bushes”

### PAINT

- Cadmium Red Medium
- Cadmium Yellow Medium
- Mars Black
- Titanium White
- Burnt Sienna

### BRUSHES & TOOLS

- Small Synthetic Round
- Large Hog Round

### STEP DISCUSSION

First lighten and enhance the sunlit area. Then, add the bushes, making them more transparent and irregular at the top of them and more solid and darker at the bottom. Rinse the brush, and dry the surface well before the next step.



## Step 5 - More Background

Timestamp 41:05

“Lovely Neigh-borhood“

### PAINT

- Cadmium Red Medium
- Cadmium Yellow Medium
- Burnt Sienna

### BRUSHES & TOOLS

- Small Synthetic “D”

### STEP DISCUSSION

Add darkness to the bottom, and a glow to the top of the bushes. This will really accentuate the backlighting of the silhouette. Rinse the brush.



## Step 6 - Grass

Timestamp 49:50

“The Other Other Side“

### PAINT

- Cadmium Red Medium
- Cadmium Yellow Medium
- Burnt Sienna

### BRUSHES & TOOLS

- Small Synthetic “D”

### STEP DISCUSSION

Create the grass using various edges of the brush and up and down strokes. Rinse the brush.

Ensure that the surface is dry before continuing to the next step





## Step 7 - Paint in Silhouette

Timestamp 54:03

“Dark Horse”

### PAINT

- Mars Black

### BRUSHES & TOOLS

- Medium Synthetic Bright
- Small Synthetic Round

### STEP DISCUSSION

Block in the dark silhouette horse and figure. Add some of this darkness at the bottom of the canvas, as well. Rinse the brush.

Ensure that the surface is dry before continuing to the next step.



## Step 8 - Silhouette Details

Timestamp 1:03:35

“Grand Gallop”

### PAINT

- Mars Black

### BRUSHES & TOOLS

- Small Synthetic Round

### STEP DISCUSSION

Create the fine dark hairs on the mane using the toe of the brush. Also add the details of the halter and the hair of the figure. Rinse the brush.

Ensure that the surface is dry before continuing to the next step.



## Step 9 - Glow For Mane And Deepening Silhouette

Timestamp 1:09:12

“Hay Is For Horses“

### PAINT

- Cadmium Red Medium
- Cadmium Yellow Medium
- Burnt Sienna
- Mars Black

### BRUSHES & TOOLS

- Medium Synthetic Bright
- Small Synthetic Round

### STEP DISCUSSION

Use the toe of the brush to add the backlit glow to the hairs of both the horse and the girl. Deepen the silhouettes by painting a second layer of black. Rinse the brush. Ensure that the surface is dry before continuing to the next step



## Step 10 - Glow For Hair And Silhouette

Timestamp 1:16:29  
“Picking A Gallop“

### PAINT

- Cadmium Red Medium
- Cadmium Yellow Medium
- Mars Black
- Titanium White

### BRUSHES & TOOLS

- Small Synthetic Round

### STEP DISCUSSION

This step guides how to add glow and highlights to the silhouettes. It also shows how to glaze the hair with yellow and create sun rays. Rinse the brush.

Sign.



## Traceable

