

The Art Sherpa Presents  
*Horse And Girl At Sunset*  
*Best Friends*

Name credit to Patron: Shannon Yanes



10 Steps

Difficulty: Beginner - 2 Hoot 🦉🦉

Copyright © The Art Sherpa LLC, 2023. All Rights Reserved.

The content of this chapter, created and published by Cinnamon Cooney of The Art Sherpa LLC, is protected under international copyright laws. This material, including but not limited to text, images, paintings, and instructional content, is solely provided for the personal use of students for learning purposes.

No part of this material may be reproduced, distributed, displayed, transmitted, or otherwise used without the prior written permission of Cinnamon Cooney of The Art Sherpa LLC. This prohibition extends to both commercial and non-commercial uses. Any unauthorized use may infringe upon the intellectual property rights of The Art Sherpa LLC and could be subject to legal penalties.

By accessing, reading, or otherwise using this material, you, the student, agree to respect the intellectual property rights of The Art Sherpa LLC, and understand that this material is for your personal use and learning only.

It is your responsibility to understand and comply with all applicable local, state, national, and international laws when using this copyrighted material. All rights related to distribution, including the text and imagery within this work, are retained by Cinnamon Cooney, The Art Sherpa LLC.

For permission requests or inquiries, please contact The Art Sherpa LLC at [support@theartsherpa.com](mailto:support@theartsherpa.com).

## Use policy

### Student Use Policy of The Art Sherpa LLC

**Personal Use:** Students are allowed to print out the material provided by The Art Sherpa LLC for personal, at-home use. This includes studying and practicing techniques as presented in the material.

**Private Parties:** Students are permitted to make copies of the material for private parties, provided no money is exchanged in relation to the provision or use of the material. The use of the material is only for the purpose of facilitating the personal enjoyment and learning of painting within the confines of the private party.

**Charitable Organizations:** Libraries, educational institutions, and other non-profit organizations that exist to serve the community may request permission to print copies of the material for use in their efforts to help others. Such permission must be obtained directly from The Art Sherpa LLC at [support@theartsherpa.com](mailto:support@theartsherpa.com).

**Painting Parties for Profit:** If a student, individual, or business wishes to use the material for painting parties or events where profit is involved, a license must be purchased from The Art Sherpa LLC. This license allows the distribution of the material for the single business or single party only. It does not permit publication of the material in any other way, form, or through any other medium.

Any use of the material not expressly permitted in this Student Use Policy may infringe upon the intellectual property rights of The Art Sherpa LLC and could be subject to legal penalties



 **SUBSCRIBE**

# FOLLOW THE ART SHERPA



 **SUBSCRIBE**

**WEBSITE:**

<https://theartsherpa.com/>

**FACEBOOK:**

<https://www.facebook.com/TheArtSherpa/>

**INSTAGRAM:**

<https://www.instagram.com/theartsherpa>

**PINTEREST:**

<https://www.pinterest.com/cinnamoncooney/>



**#THEARTSHERPA  
#STEPBYSTEPPEINING  
#ACRYLICPAINTING**

**ABOUT THE ART SHERPA:**

Artwork and video is the sole property of The Art Sherpa™ and intended for the students personal education and Enjoyment. For questions regarding using any Art Sherpa painting in a commercial setting labs@theartsherpa.com for all other questions support@theartsherpa.com Read our full disclosure here that covers partnerships and affiliate links <http://bit.ly/affiliatedisclosureTAS>

# TABLE OF CONTENTS

<b>PAINT AND TOOL GUIDE</b>	<b>5</b>
<b>Step 1 - Sketch Demonstration</b>	<b>6</b>
<b>Step 2 - Sketch</b>	<b>7</b>
<b>Step 3 - Colored Ground</b>	<b>8</b>
<b>Step 4 - Block In Bushes</b>	<b>9</b>
<b>Step 5 - More Background</b>	<b>10</b>
<b>Step 6 - Grass</b>	<b>11</b>
<b>Step 7 - Paint in Silhouette</b>	<b>12</b>
<b>Step 8 - Silhouette Details</b>	<b>13</b>
<b>Step 9 - Glow For Mane And Deepening Silhouette</b>	<b>14</b>
<b>Step 10 - Glow For Hair And Silhouette</b>	<b>15</b>
<b>Traceable</b>	<b>16</b>

# PAINT AND TOOL GUIDE

Use this paint legend below to understand the symbols that I use to give you important painting information.

## PAINT

- Cadmium Red Medium
- Cadmium Yellow Medium
- Burnt Sienna
- Mars Black
- Titanium White

## BRUSHES

- Medium Synthetic Bright
- Small Synthetic Round
- Large Hog Round
- Small Synthetic "D"

## TOOLS

- 11X14 Canvas (If you notice that your canvas started to warp, as sometimes happens, just turn the canvas over and put it back side forward on your easel, then mist the back of the canvas. It usually resolves itself. Let it dry before you proceed.)
- Optional: Sta-Wet Palette
- Chalk Pencil or Watercolor Pencil
- Mixed Media Pad

## TECHNIQUES

- Color Theory
- Implying Foliage
- Expressive Painting Strokes
- Being Painterly and Loose
- Atmospheric Perspective
- Finding Value
- Directionality
- Blending Wet into Wet
- Clouds
- Setting a Horizon line
- Color Mixing
- Implying Motion
- Painting a Silhouette Landscape

# Step 1 - Sketch Demonstration

Timestamp 3:48  
"Horsing Around"

## PAINT

## BRUSHES & TOOLS

- Mixed Media Pad
- Pencil

## STEP DISCUSSION

In this step I demonstrated how to lightly sketch the image using shapes. Adjust them to find proper size and positions on the surface while working



## Step 2 - Sketch

Timestamp 14:30

“Do It To It“

### PAINT

- Mars Black

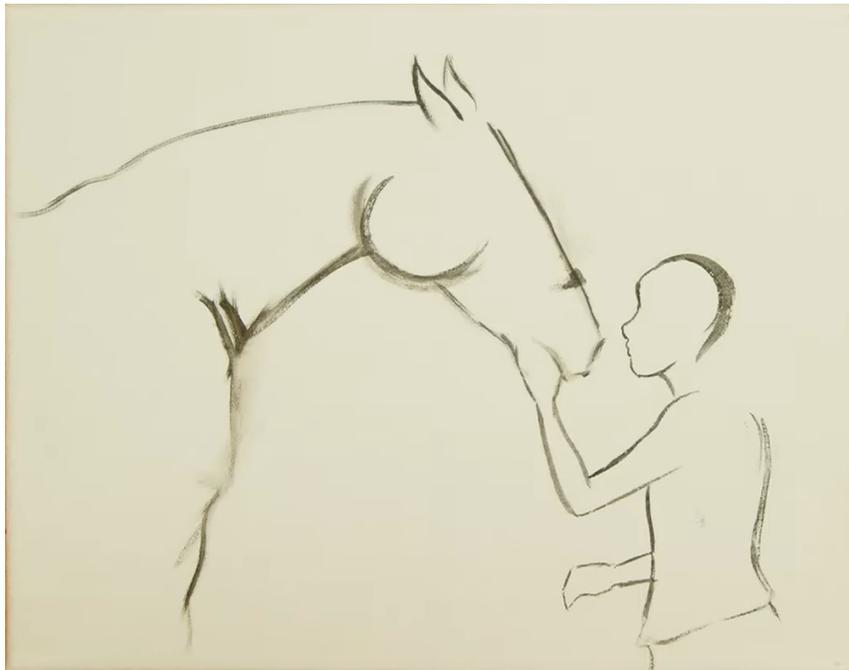
### BRUSHES & TOOLS

- Small Synthetic Round
- Small Synthetic D-Brush

### STEP DISCUSSION

I freehanded the image using paint, but you can use whatever method makes you the most comfortable. You can use a chalk pencil to grid, transfer, trace or freehand the image. Draw only the main objects with chalk.

Ensure that the surface is dry before continuing to the next step.



## Step 3 - Colored Ground

Timestamp 23:28

“Here Comes The Sun“

### PAINT

- Cadmium Red Medium
- Cadmium Yellow Medium
- Titanium White
- Burnt Sienna

### BRUSHES & TOOLS

- Medium Synthetic Bright

### STEP DISCUSSION

This step explains how to create a sunset background with color gradients and blend it with the image edges. This will make the image seamlessly stand out in the front. Rinse the brush.

Ensure that the surface is dry before continuing to the next step



## Step 4 - Block In Bushes

Timestamp 30:45  
“Bushels Of Bushes“

### PAINT

- Cadmium Red Medium
- Cadmium Yellow Medium
- Mars Black
- Titanium White
- Burnt Sienna

### BRUSHES & TOOLS

- Small Synthetic Round
- Large Hog Round

### STEP DISCUSSION

First lighten and enhance the sunlit area. Then, add the bushes, making them more transparent and irregular at the top of them and more solid and darker at the bottom. Rinse the brush, and dry the surface well before the next step.



## Step 5 - More Background

Timestamp 41:05

“Lovely Neigh-borhood“

### PAINT

- Cadmium Red Medium
- Cadmium Yellow Medium
- Burnt Sienna

### BRUSHES & TOOLS

- Small Synthetic “D”

### STEP DISCUSSION

Add darkness to the bottom, and a glow to the top of the bushes. This will really accentuate the backlighting of the silhouette. Rinse the brush.



## Step 6 - Grass

Timestamp 49:50

“The Other Other Side“

### PAINT

- Cadmium Red Medium
- Cadmium Yellow Medium
- Burnt Sienna

### BRUSHES & TOOLS

- Small Synthetic “D”

### STEP DISCUSSION

Create the grass using various edges of the brush and up and down strokes. Rinse the brush.

Ensure that the surface is dry before continuing to the next step



## Step 7 - Paint in Silhouette

Timestamp 54:03

“Dark Horse“

### PAINT

- Mars Black

### BRUSHES & TOOLS

- Medium Synthetic Bright
- Small Synthetic Round

### STEP DISCUSSION

Block in the dark silhouette horse and figure. Add some of this darkness at the bottom of the canvas, as well. Rinse the brush.

Ensure that the surface is dry before continuing to the next step.



## Step 8 - Silhouette Details

Timestamp 1:03:35  
“Grand Gallop“

### PAINT

- Mars Black

### BRUSHES & TOOLS

- Small Synthetic Round

### STEP DISCUSSION

Create the fine dark hairs on the mane using the toe of the brush. Also add the details of the halter and the hair of the figure. Rinse the brush.

Ensure that the surface is dry before continuing to the next step.



## Step 9 - Glow For Mane And Deepening Silhouette

Timestamp 1:09:12  
“Hay Is For Horses“

### PAINT

- Cadmium Red Medium
- Cadmium Yellow Medium
- Burnt Sienna
- Mars Black

### BRUSHES & TOOLS

- Medium Synthetic Bright
- Small Synthetic Round

### STEP DISCUSSION

Use the toe of the brush to add the backlit glow to the hairs of both the horse and the girl. Deepen the silhouettes by painting a second layer of black. Rinse the brush. Ensure that the surface is dry before continuing to the next step



## Step 10 - Glow For Hair And Silhouette

Timestamp 1:16:29  
“Picking A Gallop“

### PAINT

- Cadmium Red Medium
- Cadmium Yellow Medium
- Mars Black
- Titanium White

### BRUSHES & TOOLS

- Small Synthetic Round

### STEP DISCUSSION

This step guides how to add glow and highlights to the silhouettes. It also shows how to glaze the hair with yellow and create sun rays. Rinse the brush.

Sign.



Traceable

