

The Art Sherpa Presents

## *Funny Chickens*

### *Girls Night Out*

Name credit to Patrons: Lynn Valentino, Patti Hoffman, Elizabeth Kilmer Strain,  
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12 Steps

Difficulty: Beginner - 2 Hoot 🦉🦉

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# PAINT AND TOOL GUIDE

Use this paint legend below to understand the symbols that I use to give you important painting information.

## PAINT

- Cadmium Red Medium
- Quinacridone Magenta
- Cadmium Yellow Medium
- Phthalo Blue
- Ultramarine Blue
- Phthalo Green
- Burnt Sienna
- Dioxazine Purple
- Mars Black
- Titanium White

## BRUSHES

- X-Large Synthetic Flat
- Medium Synthetic Round
- Medium Hog Filbert
- Medium Synthetic Polytip
- Small Synthetic Round
- Large Hog Bright

## TOOLS

- 8x8 Canvas (If you notice that your canvas started to warp, as sometimes happens, just turn the canvas over and put it back side forward on your easel, then mist the back of the canvas. It usually resolves itself. Let it dry before you proceed.)
- Optional: Sta-Wet Palette
- Low Tack Tape
- Multi Media Pad

## TECHNIQUES

- Color Theory
- Expressive Painting Strokes
- Being Painterly and Loose
- Finding Value
- Dry Brushing
- Directionality
- Blending Wet into Wet
- Color Mixing
- Splatter

# Step 1 - Colored Ground

Timestamp 4:58  
“Go With Coffee”

## PAINT

- Ultramarine Blue
- Mars Black
- Titanium White

## BRUSHES & TOOLS

- X-Large Synthetic Round

## STEP DISCUSSION

Load the colors loosely onto the brush. Apply the brush strokes vertically, allowing the paint to streak together on the canvas. Rinse the brush.

Dry the surface before continuing to the next step.



## Step 2 - Sketch

Timestamp 10:12

“The Chicken Came First”

### PAINT

- Cadmium Red Medium
- Cadmium Yellow Medium
- Phthalo Blue
- Mars Black
- Titanium White

### BRUSHES & TOOLS

- Medium Synthetic Round

### STEP DISCUSSION

I freehanded the image using paint, but you can use whatever method makes you the most comfortable. You can use a chalk pencil to grid, transfer, trace or freehand the image. Draw only the main objects with chalk. Rinse the brush.

Dry the surface before continuing to the next step.



## Step 3 - Feathers

Timestamp 26:06

“Flick Of A Feather“

### PAINT

- Cadmium Red Medium
- Quinacridone Magenta
- Cadmium Yellow Medium
- Phthalo Blue
- Dioxazine Purple

### BRUSHES & TOOLS

- Medium Hog Filbert
- Medium Synthetic Polytip
- Mixed Media Pad

### STEP DISCUSSION

Use a Mixed Media Pad to practice your strokes first. Then on the canvas, flick the feathers out along the edges of the blue chicken, and block it in. Repeat that method with the red and the yellow chicken. Rinse the brush.

Dry the surface before continuing to the next step.



## Step 4 - Mini-Step

Timestamp 41:17

“Monologue Like A Villain, Then Paint“

### STEP DISCUSSION

We took this opportunity to chat and give our bodies a short break from painting.

## Step 5 - Blue Chicken

Timestamp 41:36

“Safe On Five”

### PAINT

- Cadmium Yellow Medium
- Phthalo Blue
- Phthalo Green
- Dioxazine Purple
- Titanium White

### BRUSHES & TOOLS

- Medium Synthetic Round
- Medium Hog Filbert

### STEP DISCUSSION

Layer various shades of blue feathers onto the center chicken, using a flicking stroke and allowing the color below to show through. Use lighter colors as highlights and medium and darker colors as the shading. Rinse the brush.

Dry the surface before continuing to the next step.





## Step 6 - Red Chicken

Timestamp 51:15

“Better Red”

### PAINT

- Cadmium Red Medium
- Quinacridone Magenta
- Cadmium Yellow Medium
- Dioxazine Purple
- Titanium White

### BRUSHES & TOOLS

- Medium Hog Filbert

### STEP DISCUSSION

First, layer some white feathers onto the chest of the yellow chicken. Then paint the red chicken using the same method as you did in the previous step. The chickens on either side are in front, so the edges of their feathers will layer over the blue chicken slightly. Rinse the brush.

Dry the surface before continuing to the next step.





## Step 7 - Yellow Chicken

Timestamp 55:37  
“Dry Guy”

### PAINT

- Cadmium Yellow Medium
- Phthalo Green

### BRUSHES & TOOLS

- Medium Hog Filbert

### STEP DISCUSSION

The yellow chicken is painted using the same method of the others. Rinse the brush.



## Step 8 - Chicken Details

Timestamp 58:52

“Learn To Fly“

### PAINT

- Cadmium Red Medium
- Quinacridone Magenta
- Cadmium Yellow Medium
- Ultramarine Blue
- Phthalo Green
- Burnt Sienna
- Dioxazine Purple
- Mars Black
- Titanium White

### BRUSHES & TOOLS

- Medium Synthetic Round
- Medium Synthetic Filbert

### STEP DISCUSSION

Adjust the highlights and shadows on the two side chickens using the same flicking strokes. Paint the tongue red, the eyes grey, the mouth black and the beaks brown or orange. Rinse the brush between colors.

Dry the surface before continuing to the next step.



## Step 9 - Facial Features

Timestamp 1:19:35

“Breathe In The Air“

### PAINT

- Mars Black

### BRUSHES & TOOLS

- Small Synthetic Round

### STEP DISCUSSION

Use the toe of the brush to outline the facial features with black. Rinse the brush.



## Step 10 - Face Details

Timestamp 1:22:13

“Make It Funny“

### PAINT

- Cadmium Red Medium
- Cadmium Yellow Medium
- Quinacridone Magenta
- Phthalo Blue
- Phthalo Green
- Dioxazine Purple
- Titanium White

### BRUSHES & TOOLS

- Medium Synthetic Round
- Small Synthetic Round

### STEP DISCUSSION

Detail the face starting with the pupils. Follow that by adding a white highlight onto the beaks and the top of the eyes. Add dimension by adjusting the values in the beaks and tongues. Add yellow to the white of the beak. Then outline the iris of each bird. Rinse the brush.

Dry the surface before continuing to the next step.





## Step 11 - Finishing Touches

Timestamp 1:33:11

“Triple Trouble”

### PAINT

- Quinacridone Magenta
- Cadmium Yellow Medium
- Phthalo Blue
- Ultramarine Blue
- Phthalo Green
- Mars Black
- Titanium White

### BRUSHES & TOOLS

- Small Synthetic Round

### STEP DISCUSSION

Add a lighter value on the lower half of each iris. Then paint black nostrils onto the beaks and white reflections on the top of the iris and the highpoints of the tongue. Add the black pupils. Ensure the paint is dry between layers to avoid blending colors.



## Step 12 - Splatters

Timestamp 1:38:57

“When In Doubt, Whack”

### PAINT

- Cadmium Red Medium
- Cadmium Yellow Medium
- Phthalo
- Titanium White

### BRUSHES & TOOLS

- Large Hog Bright
- Low Tack Tape

### STEP DISCUSSION

Use low tack tape to cover the areas of the canvas you do not want splattered. Thin the paint with water and, use the two brush whack method to splatter the foreground. Start with red followed by blue and finally yellow mixed with white. Dry the surface then remove the tape.

Sign.



Traceable

