

The Art Sherpa Presents

Acrylic August-Day 2

A Vase of Flowers

Flower Power

Name credit to Patron: Saskia Faber



12 Steps

Difficulty: Beginner - 1 Hoot 🦉

Copyright © The Art Sherpa LLC, 2024. All Rights Reserved.

The content of this chapter, created and published by Cinnamon Cooney of The Art Sherpa LLC, is protected under international copyright laws. This material, including but not limited to text, images, paintings, and instructional content, is solely provided for the personal use of students for learning purposes.

No part of this material may be reproduced, distributed, displayed, transmitted, or otherwise used without the prior written permission of Cinnamon Cooney of The Art Sherpa LLC. This prohibition extends to both commercial and non-commercial uses. Any unauthorized use may infringe upon the intellectual property rights of The Art Sherpa LLC and could be subject to legal penalties.

By accessing, reading, or otherwise using this material, you, the student, agree to respect the intellectual property rights of The Art Sherpa LLC, and understand that this material is for your personal use and learning only.

It is your responsibility to understand and comply with all applicable local, state, national, and international laws when using this copyrighted material. All rights related to distribution, including the text and imagery within this work, are retained by Cinnamon Cooney, The Art Sherpa LLC.

For permission requests or inquiries, please contact The Art Sherpa LLC at support@theartsherpa.com.

Use policy

Student Use Policy of The Art Sherpa LLC

Personal Use: Students are allowed to print out the material provided by The Art Sherpa LLC for personal, at-home use. This includes studying and practicing techniques as presented in the material.

Private Parties: Students are permitted to make copies of the material for private parties, provided no money is exchanged in relation to the provision or use of the material. The use of the material is only for the purpose of facilitating the personal enjoyment and learning of painting within the confines of the private party.

Charitable Organizations: Libraries, educational institutions, and other non-profit organizations that exist to serve the community may request permission to print copies of the material for use in their efforts to help others. Such permission must be obtained directly from The Art Sherpa LLC at support@theartsherpa.com.

Painting Parties for Profit: If a student, individual, or business wishes to use the material for painting parties or events where profit is involved, a license must be purchased from The Art Sherpa LLC. This license allows the distribution of the material for the single business or single party only. It does not permit publication of the material in any other way, form, or through any other medium.

Any use of the material not expressly permitted in this Student Use Policy may infringe upon the intellectual property rights of The Art Sherpa LLC and could be subject to legal penalties

FOLLOW THE ART SHERPA

WEBSITE: <https://theartsherpa.com/>

FACEBOOK: <https://www.facebook.com/TheArtSherpa/>

INSTAGRAM: <https://www.instagram.com/theartsherpa>

PINTEREST: <https://www.pinterest.com/cinnamoncooney/>



#THEARTSHERPA
#STEPBYSTEPPAINING
#ACRYLICPAINTING

ABOUT THE ART SHERPA:

Artwork and video is the sole property of The Art Sherpa™ and intended for the students personal education and Enjoyment. For questions regarding using any Art Sherpa painting in a commercial setting labs@theartsherpa.com for all other questions support@theartsherpa.com Read our full disclosure here that covers partnerships and affiliate links <http://bit.ly/affiliatedisclosureTAS>

TABLE OF CONTENTS

| | |
|-------------------------------------|-----------|
| PAINT AND TOOL GUIDE | 5 |
| Video Chapter Guide | 6 |
| Step 1 - Streaky Background | 7 |
| STEP 1 PHOTO | 8 |
| Step 2 - Table | 9 |
| STEP 2 PHOTO | 10 |
| Step 3 - Sketch The Jar | 11 |
| STEP 3 PHOTO | 12 |
| Step 4 - Stems | 13 |
| STEP 4 PHOTO | 14 |
| Step 5 - Refining Some Stems | 15 |
| STEP 5 PHOTO | 16 |
| Step 6 - Defining The Jar | 17 |
| STEP 6 PHOTO | 18 |
| Step 7 - Purple And Pink | 19 |
| STEP 7 PHOTO | 20 |
| Step 8 - Filling In Leaves | 21 |
| STEP 8 PHOTO | 22 |
| Step 9 - White Flower Base | 23 |
| STEP 9 PHOTO | 24 |
| Step 10 - Adding Color | 25 |
| STEP 10 PHOTO | 26 |
| Step 11 - Daisies | 27 |
| STEP 11 PHOTO | 28 |
| Step 12 - Final Details | 29 |
| STEP 12 PHOTO | 30 |
| Traceable | 31 |

PAINT AND TOOL GUIDE

Use this paint legend below to understand the symbols that I use to give you important painting information.

PAINT

- Cadmium Red Medium = **CRM**
- Quinacridone Magenta = **QM**
- Cadmium Yellow Medium = **CYM**
- Phthalo Blue = **PB**
- Ultramarine Blue = **UB**
- Phthalo Green = **PG**
- Burnt Sienna = **BS**
- Mars Black = **MB**
- Titanium White = **TW**

BRUSHES & TOOLS

- Large Synthetic Angle
- X-Small Synthetic Round
- Small Synthetic Round

TOOLS

- 8x8 Canvas (If you notice that your canvas started to warp, as sometimes happens, just turn the canvas over and put it back side forward on your easel, then mist the back of the canvas. It usually resolves itself. Let it dry before you proceed.)
- Optional: Sta-Wet Palette

SYMBOL GUIDE

- > Less than previous amount
- < More than previous amount
- + Equal amount

Techniques You Will Use In This Painting

- Color Theory
- Implying Foliage
- Expressive Painting Strokes
- Being Painterly and Loose
- Finding Value
- Dry Brushing
- Blending Wet into Wet
- Color Mixing

Video Chapter Guide

Below are the timestamps we inserted in the tutorial video so that you can easily coordinate using the book and the tutorial video simultaneously.

| | | |
|---------|---------|---------------------|
| Intro | 00:00 | |
| Step 1 | 2:16 | Streaky Background |
| Step 2 | 7:29 | Table |
| Step 3 | 10:12 | Sketch The Jar |
| Step 4 | 15:01 | Stems |
| Step 5 | 22:20 | Refining Some Stems |
| Step 6 | 24:48 | Defining The Jar |
| Step 7 | 29:11 | Purple And Pink |
| Step 8 | 35:19 | Filling In Leaves |
| Step 9 | 40:57 | White Flower Base |
| Step 10 | 53:50 | Adding Color |
| Step 11 | 50:33 | Daisies |
| Step 12 | 53:23 | Final Details |
| | 1:01:20 | Sign |

Step 1 - Streaky Background

Timestamp 2:16

“Leaning Into The Streaks”

PAINT

- Phthalo Blue = **PB**
- Titanium White = **TW**

BRUSHES & TOOLS

- Large Synthetic Angle

COLOR MIXES

- Sky Blue = **TW + PB**

STEP DISCUSSION

Load the brush with **Sky Blue mix**, and then roughly paint the entire canvas. Apply long vertical strokes while keeping them loose and streaky. Paint the edges of the canvas now if desired. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 1 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 2 - Table

Timestamp 7:29

“A Level Playing Field”

PAINT

- Mars Black = **MB**
- Titanium White = **TW**

BRUSHES & TOOLS

- Large Synthetic Angle

COLOR MIXES

- Light Grey = **TW > MB**

STEP DISCUSSION

Paint the surface of the table at the very bottom of the canvas. Use the **Light Grey mix**, and streaky vertical brush strokes. To create a crisp table ledge, use the edge of the brush. Add a little more Mars Black to the mix and blend in a shadow at the top table edge. Rinse the brush.

Make any adjustments as needed. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 2 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 3 - Sketch The Jar

Timestamp 10:12
“Well That's A Crock”

PAINT

- Mars Black = **MB**

BRUSHES & TOOLS

- T-Square Ruler
- Chalk Pencil
- Small Synthetic Round

COLOR MIXES

STEP DISCUSSION

I chose to freehand this image but I have also provided a traceable if you prefer to use that method. There is no right or wrong way to get your image on the canvas. You can grid, transfer, or freehand, whatever makes you the most comfortable. If you are free handing, you have the picture that follows this step, and the traceable to assist you.

Divide the canvas in half, both vertically and horizontally using a T-Square ruler and a chalk Pencil.

Onto the center of the table, sketch a slightly curved line as the bottom of the jar. Create a slightly smaller curved line about ½” below the intersecting center lines. Then use the T-Square ruler to draw the straight edges of the jar sides, coming up from the bottom. Round the shoulders and join them to the top line. Add the counter eclipse at the bottom of the jar. Rinse the brush.

Use Mars Black on the tip of the brush to line the jar. Add water to improve the flow as needed. Rinse the brush.

Erase chalk lines using a clean damp brush.

Dry the surface before continuing to the next step.

STEP 3 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 4 - Stems

Timestamp 15:01

“Stem-Random-ish”

PAINT

- Phthalo Green = **PG**
- Mars Black = **MB**
- Burnt Sienna = **BS**

BRUSHES & TOOLS

- Small Synthetic Round

COLOR MIXES

- Dark Green = **PG + BS**

STEP DISCUSSION

Add a touch of Mars Black to the **Dark Green mix**, and fill in the jar with stems. Paint the stems in a variety of directions and lengths. Some stems can cross over others. Add water to improve the flow as needed. The stems will be more solid towards the top of the jar and more delicate towards the bottom.

Next, through the top half of the canvas, create some background leaves that will peek out from behind the flowers. Use the press and release brush stroke and the **Dark Green mix**, to paint random leaf lengths. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 4 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 5 - Refining Some Stems

Timestamp 22:20
“Highlights”

PAINT

- Cadmium Yellow Medium = **CYM**
- Burnt Sienna = **BS**
- Phthalo Green = **PG**
- Titanium White = **TW**
- Mars Black = **MB**

BRUSHES & TOOLS

- Small Synthetic Round

COLOR MIXES

- Yellow Green = **CYM > PG > BS**
- Light Grey = **TW > MB**

STEP DISCUSSION

Paint highlights onto the stems in the jar, using the **Yellow Green mix** on the tip of the brush. Rinse the brush.

Paint a shadow on the jar ellipse with the **Light Grey mix**. Then add in more Titanium White to the mix, and swirl a reflection onto the jar bottom. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 5 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 6 - Defining The Jar

Timestamp 24:48

“Add Shape And Dimension”

PAINT

- Titanium White = **TW**
- Mars Black = **MB**

BRUSHES & TOOLS

- Small Synthetic Round

COLOR MIXES

- Light Grey = **TW > MB**

STEP DISCUSSION

Define the top edge of the jar using Mars Black. Add a second parallel line below that to create the lip. Then, paint the left side, adding a little more pressure near the bottom to darken and round the base of the jar. Repeat that process on the right side. Define the eclipse at the back of the jar. Rinse the brush.

Imply the roundness on the face of the jar using Mars Black and thin curved lines. Rinse the brush. Then, push those black lines back somewhat by using just water.

Paint the glass reflections next with Titanium White. Occasionally add some of the **Light Grey mix** as a variation. Remembering that less is more when painting glass. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 6 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 7 - Purple And Pink

Timestamp 29:11

“Flowers On The Left”

PAINT

- Cadmium Red Medium = **CRM**
- Ultramarine Blue = **UB**
- Quinacridone Magenta = **QM**
- Phthalo Green = **PG**
- Burnt Sienna = **BS**
- Titanium White = **TW**

BRUSHES & TOOLS

- Small Synthetic Round

COLOR MIXES

- Dark Green = **PG + BS**
- Purple = **QM + UB > TW**
- Viva Magenta = **CRM + QM**
- Pink = **QM + TW**

STEP DISCUSSION

Paint a stem coming from the top left of the jar. Arc this line using the **Dark Green mix**. Rinse the brush.

Use loosely mixed **Medium Purple mix** to add tiny flowers coming up along that stem. Alternating from side to side to zipper them upward. Rinse the brush.

Use the **Pink mix** to create some more flowers on the left side of the bouquet. Apply concentric half circles for some flowers and a touch pull stroke for the smaller buds. Vary the mix occasionally by adding a little more Quinacridone Magenta. Rinse the brush.

Add a stem for the some flowers to live on using the **Dark Green mix**. Then, continue to paint the concentric half circle flowers on the left, using the **Viva Magenta mix** and occasionally adding a little Titanium White. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 7 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 8 - Filling In Leaves

Timestamp 35:19
“Occupying Space”

PAINT

- Cadmium Yellow Medium = **CYM**
- Phthalo Green = **PG**
- Burnt Sienna = **BS**

BRUSHES & TOOLS

- Small Synthetic Round

COLOR MIXES

- Dark Green = **PG + BS**
- Medium Green = **PG + CYM**

STEP DISCUSSION

Load the **Dark Green mix** and paint some tiny leaves at the base of some of the lower flowers. Then use the **Medium Green mix** to paint the stems of those flowers. Then alternate between those two mixes and create some longer leaves that cascade just to the left of the jar. Next continue using these colors and fill in more leaves throughout the left side of the bouquet, and at the top of the jar. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 8 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 9 - White Flower Base

Timestamp 40:57

“It’s All About The Base”

PAINT

- Titanium White = **TW**

BRUSHES & TOOLS

- Small Synthetic Round

COLOR MIXES

STEP DISCUSSION

It will be prudent to paint the yellow flowers with a white base first so they cover nicely. Load Titanium White onto the brush. Place a small dot as a location marker for the center of the lowest yellow flower. Then using a touch pull stroke, pinwheel the petals around that mark. Because this flower is in the foreground you can layer it over the greenery and even some of the other flowers. Adjust the size as needed.

Repeat this process for the top yellow flower. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 9 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 10 - Adding Color

Timestamp 43:50

“This Is Bloomin” Awesome”

PAINT

- Cadmium Red Medium = **CRM**
- Quinacridone Magenta = **QM**
- Cadmium Yellow Medium = **CYM**
- Ultramarine Blue = **UB**
- Titanium White = **TW**

BRUSHES & TOOLS

- Small Synthetic Round

COLOR MIXES

- Yellow Orange = **CYM > CRM**
- Pink = **QM + TW**
- Purple = **QM + UB > TW**

STEP DISCUSSION

Paint over the white petals using the **Yellow Orange mix**. Take care to use brush directionality to give the petals dimension. Rinse the brush.

Then add a few more buds and flowers flowing out of the jar on the left using the **Pink mix**. Rinse the brush.

Loosely mix some **Purple** and add a couple flowers just above, and slightly right of the top yellow flower. Rinse the brush.

Begin painting some stock type flowers on the right using Titanium White. Curve the top two coming into the center from the top right side. Curve the bottom one coming into the center from the lower right side. Rinse the brush.

Loosely mix the **Purple** and **Pink** mixes and paint a few flowers and buds on the right side of the bouquet. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 10 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 11 - Daisies

Timestamp 50:33

“Breathe”

PAINT

- Cadmium Red Medium = **CRM**
- Quinacridone Magenta = **QM**
- Titanium White = **TW**

BRUSHES & TOOLS

- Small Synthetic Round

COLOR MIXES

- Pink = **QM + TW**
- Viva Magenta = **CRM + QM**

STEP DISCUSSION

Load the brush with some loosely mixed **Pink**. Add a location dot for the daisy type pink flower that is near the center right of the bouquet. Again pinwheel the petals around that center dot, and allow it to layer over the yellow flower slightly. Rinse the brush.

Add a little Titanium White to the **Viva Magenta mix** and paint another daisy type flower in the lower right of the bouquet, once again using the same process. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 11 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 12 - Final Details

Timestamp 53:23

“All In Bloom”

PAINT

- Cadmium Red Medium = **CRM**
- Quinacridone Magenta = **QM**
- Cadmium Yellow Medium = **CYM**
- Ultramarine Blue = **UB**
- Phthalo Green = **PG**
- Burnt Sienna = **BS**
- Mars Black = **MB**
- Titanium White = **TW**

BRUSHES & TOOLS

- X-Small Synthetic Round
- Small Synthetic Round

COLOR MIXES

- Dark Brown = **BS + MB**
- Purple = **QM + UB > TW**
- Medium Green = **PG + CYM**
- Dark Green = **PG + BS**
- Yellow Orange = **CYM > CRM**
- Pink = **QM + TW**

STEP DISCUSSION

Load some **Dark Brown mix** onto the Small Round brush. Paint the dark centers of the Daisies. Rinse the brush.

Add a couple small flowers near the center of the bouquet using the **Purple mix**. Rinse the brush.

Then, using the **Medium Green mix**, fill in some of the empty spaces with more leaves. Loosely mix in some **Dark Green** here and there. Add some green on the backs of the flowers and to paint in a few stems. Rinse the brush.

To highlight the outer edges of the daisy centers, tap in some of the **Yellow Orange mix**. Rinse the brush.

Switch to the X-Small Round brush and add more Titanium White to the **Pink mix**. Thin it with water as needed and highlight some of the darker pink flowers. Do the same for the Purple flowers Using a lighter shade of the **Purple mix**. Rinse the brush.

Thin Titanium White with clean water and white line the daisies. Rinse the brush.

Sign.

STEP 12 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Traceable

