

The Art Sherpa Presents  
*Acrylic August-Day 7*  
*Abstract Hibiscus Flowers*

*Better Together*

Name credit to Patron: Pauline Sagnol



5 Steps

Difficulty: Beginner - 1 Hoot 🦉

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# TABLE OF CONTENTS

<b>PAINT AND TOOL GUIDE</b>	<b>5</b>
Video Chapter Guide	6
<b>Step 1 - Mark Making Flowers</b>	<b>7</b>
STEP 1 PHOTO	8
<b>Step 2 - Wet Application</b>	<b>9</b>
STEP 2 PHOTO	10
<b>Step 3 - Leafy Greens</b>	<b>11</b>
STEP 3 PHOTO	12
<b>Step 4 - Glazing Top Flower</b>	<b>13</b>
STEP 4 PHOTO	14
<b>Step 5 - Glazing Bottom Flower</b>	<b>15</b>
STEP 5 PHOTO	16
Traceable	17

# PAINT AND TOOL GUIDE

Use this paint legend below to understand the symbols that I use to give you important painting information.

## PAINT

- Cadmium Yellow Medium = **CYM**
- Cadmium Red Medium = **CRM**
- Phthalo Green = **PG**
- Titanium White = **TW**
- Mars Black = **MB**
- Golden's Acrylic Gloss Glazing Liquid = **AGL**

## BRUSHES & TOOLS

- Small Synthetic Round
- Large Synthetic Angle

## TOOLS

- 8x8 Canvas (If you notice that your canvas started to warp, as sometimes happens, just turn the canvas over and put it back side forward on your easel, then mist the back of the canvas. It usually resolves itself. Let it dry before you proceed.)
- Optional: Sta-Wet Palette

## SYMBOL GUIDE

- > Less than previous amount
- < More than previous amount
- + Equal amount

## Techniques You Will Use In This Painting

- Color Theory
- Implying Foliage
- Expressive Painting Strokes
- Being Painterly and Loose
- Finding Value
- Blending Wet into Wet
- Color Mixing

## Video Chapter Guide

Below are the timestamps we inserted in the tutorial video so that you can easily coordinate using the book and the tutorial video simultaneously.

Intro	00:00	
Step 1	1:40	Mark Making Flowers
Step 2	9:08	Wet Application
Step 3	10:46	Leafy Greens
Step 4	13:13	Glazing Top Flower
Step 5	15:44	Glazing Bottom Flower
	17:12	Sign

# Step 1 - Mark Making Flowers

Timestamp 1:40

“Lay Out Your Flowers”

## PAINT

- Mars Black = **MB**

## BRUSHES & TOOLS

- Small Synthetic Round

## COLOR MIXES

## STEP DISCUSSION

I chose to freehand this image but I have also provided a traceable if you prefer to use that method. There is no right or wrong way to get your image on the canvas. You can grid, transfer, or freehand, whatever makes you the most comfortable. If you are free handing, you have the picture that follows this step, and the traceable to assist you. I drew in only the major objects using Mars Black.

Load the brush with Mars Black, and then begin making small curved strokes going up from slightly above the middle of the canvas. This will be the center of the top flower, and each curved line will be about an inch or so long. Once you place the center in, brush a long curved line going in a reverse “right parenthesis” shape and going off the top of the canvas. Next, create a petal angled off the center, towards the top-left corner, about 3 inches long. It will also be curved, varying slightly in line thickness or direction. Then, connect the first petal with a line going behind the new one. Add small curved lines occasionally to give it a stylized shading, curving around the figure of the petals.

Once again, start from the base and create another shaped petal going down, on the right. Also give this petal small curved lines for shape, it should look almost like a bell. Above this petal, make two curved lines that do not connect back, we will fill them in with color later. Finally, make one last petal at the bottom-left of the flower.

About an inch below the first flower, create a small mark to begin shaping the second flower form. Repeat the same process as before, keeping in mind the different perspective for each petal, as this flower is facing up to the first one. Add more curved strokes coming down from the middle for a bit of interesting shading. Finally, create a few leaf shapes around each flower. They may connect directly to them, come from behind, or be detached, drifting away as they fall off. Rinse the brush.

Dry the surface before continuing to the next step.

## STEP 1 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

# Step 2 - Wet Application

Timestamp 9:08

“Wishy Washy Technique”

## PAINT

- Cadmium Yellow Medium = **CYM**
- Titanium White = **TW**
- Phthalo Green = **PG**

## BRUSHES & TOOLS

- Large Synthetic Angle

## COLOR MIXES

## STEP DISCUSSION

Load the brush with just water and brush it over the left side of the canvas, covering a lot of the empty space. It will be a bit like painting with invisible color. Then, load the brush with heavily watered Phthalo Green and a touch of Titanium White, then apply it loosely around the flowers to the left, also coloring in any leaves placed there. Also sweep it around the bottom-left corner, and add a touch of Cadmium Yellow Medium as you continue to paint. Much of the canvas below should show through, either by way of the light application, or simply spots without pigment. Rinse the brush.

## STEP 2 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

## Step 3 - Leafy Greens

Timestamp 10:46  
“All Kinds Of Green”

### PAINT

- Cadmium Red Medium = **CRM**
- Golden's Acrylic Gloss Glazing Liquid = **AGL**
- Phthalo Green = **PG**

### BRUSHES & TOOLS

- Small Synthetic Round

### COLOR MIXES

- Dark Green = **PG > CRM**

### STEP DISCUSSION

Load the brush with **Dark Green mix**, and fill in the leaves with this pigment. Add Gloss Glazing Liquid as needed for flow. Also create a few stray leaves without an outline around the bottom-left corner from before. Rinse the brush.

Dry the surface before continuing to the next step.

## STEP 3 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

# Step 4 - Glazing Top Flower

Timestamp 13:13  
"Turning Red"

## PAINT

- Cadmium Yellow Medium = **CYM**
- Cadmium Red Medium = **CRM**
- Golden's Acrylic Gloss Glazing Liquid = **AGL**

## BRUSHES & TOOLS

- Large Synthetic Angle

## COLOR MIXES

## STEP DISCUSSION

Load the brush with Cadmium Yellow Medium and a bit of Gloss Glazing Liquid, and brush it up along the top petal of the first flower. Also bring this along the right side, and bias it with Cadmium Red Medium as you do the bottom petals in the same color. For the left side, use much more Cadmium Red Medium than before, and fill in the rest of the flower. Also brush this very lightly along the previous petals for a bit of dynamic interest. Then, add pure Cadmium Red Medium to the dirty brush, and bring it out from the center of the flower onto the lower petals just a bit. Rinse the brush.

Dry the surface before continuing to the next step.

## STEP 4 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

# Step 5 - Glazing Bottom Flower

Timestamp 15:44  
"Soft Adjustments"

## PAINT

- Cadmium Yellow Medium = **CYM**
- Cadmium Red Medium = **CRM**
- Golden's Acrylic Gloss Glazing Liquid = **AGL**

## BRUSHES & TOOLS

- Large Synthetic Angle

## COLOR MIXES

- Light Pink = **TW + CRM**
- Dark Green = **PG + BS**
- Medium Green = **CYM + PG + BS**
- Light Green = **CYM + PG + TW**

## STEP DISCUSSION

Fill in the highest petal on the bottom flower with Cadmium Red Medium, biased slightly with Cadmium Yellow Medium. Repeat the process from the top flower, but this time adding Cadmium Yellow Medium to the brush as you fill in each petal in a counterclockwise order. Also brush a hint of pure Cadmium Yellow Medium across bits of the flower for added variety, adding Gloss Glazing Liquid as needed. If you have too much paint, you can actually wipe it off with a dry brush. You might want to wipe off the dirty brush on a paper towel first before you do this, and this will let you adjust each flower to your liking while also dry brushing, whatever gives you the right control you need. Rinse the brush.

Sign.

## STEP 5 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Traceable

