

The Art Sherpa Presents
Acrylic August-Day 20
Walkaway Girl

Field of Dreams

Name credit to Patrons: Deb Maxwell & Jill Evans



14 Steps

Difficulty: Challenging - 3 Hoot 🦉🦉🦉

Copyright © The Art Sherpa LLC, 2024. All Rights Reserved.

The content of this chapter, created and published by Cinnamon Cooney of The Art Sherpa LLC, is protected under international copyright laws. This material, including but not limited to text, images, paintings, and instructional content, is solely provided for the personal use of students for learning purposes.

No part of this material may be reproduced, distributed, displayed, transmitted, or otherwise used without the prior written permission of Cinnamon Cooney of The Art Sherpa LLC. This prohibition extends to both commercial and non-commercial uses. Any unauthorized use may infringe upon the intellectual property rights of The Art Sherpa LLC and could be subject to legal penalties.

By accessing, reading, or otherwise using this material, you, the student, agree to respect the intellectual property rights of The Art Sherpa LLC, and understand that this material is for your personal use and learning only.

It is your responsibility to understand and comply with all applicable local, state, national, and international laws when using this copyrighted material. All rights related to distribution, including the text and imagery within this work, are retained by Cinnamon Cooney, The Art Sherpa LLC.

For permission requests or inquiries, please contact The Art Sherpa LLC at support@theartsherpa.com.

Use policy

Student Use Policy of The Art Sherpa LLC

Personal Use: Students are allowed to print out the material provided by The Art Sherpa LLC for personal, at-home use. This includes studying and practicing techniques as presented in the material.

Private Parties: Students are permitted to make copies of the material for private parties, provided no money is exchanged in relation to the provision or use of the material. The use of the material is only for the purpose of facilitating the personal enjoyment and learning of painting within the confines of the private party.

Charitable Organizations: Libraries, educational institutions, and other non-profit organizations that exist to serve the community may request permission to print copies of the material for use in their efforts to help others. Such permission must be obtained directly from The Art Sherpa LLC at support@theartsherpa.com.

Painting Parties for Profit: If a student, individual, or business wishes to use the material for painting parties or events where profit is involved, a license must be purchased from The Art Sherpa LLC. This license allows the distribution of the material for the single business or single party only. It does not permit publication of the material in any other way, form, or through any other medium.

Any use of the material not expressly permitted in this Student Use Policy may infringe upon the intellectual property rights of The Art Sherpa LLC and could be subject to legal penalties

FOLLOW THE ART SHERPA

WEBSITE: <https://theartsherpa.com/>

FACEBOOK: <https://www.facebook.com/TheArtSherpa/>

INSTAGRAM: <https://www.instagram.com/theartsherpa>

PINTEREST: <https://www.pinterest.com/cinnamoncooney/>



#THEARTSHERPA
#STEPBYSTEPPEINING
#ACRYLICPAINTING

ABOUT THE ART SHERPA:

Artwork and video is the sole property of The Art Sherpa™ and intended for the students personal education and Enjoyment. For questions regarding using any Art Sherpa painting in a commercial setting labs@theartsherpa.com for all other questions support@theartsherpa.com Read our full disclosure here that covers partnerships and affiliate links <http://bit.ly/affiliatedisclosureTAS>

TABLE OF CONTENTS

PAINT AND TOOL GUIDE	5
Video Chapter Guide	6
Step 1 - Colored Ground	7
STEP 1 PHOTO	8
Step 2 - Blended Blue Sky And Ground	9
STEP 2 PHOTO	10
Step 3 - Blending And Faraway Greenery	11
STEP 3 PHOTO	12
Step 4 - Distant Clouds	13
STEP 4 PHOTO	14
Step 5 - Transfer Image	15
STEP 5 PHOTO	16
Step 6 - Block In Girl	17
STEP 6 PHOTO	18
Step 7 - Layer One Dress	19
STEP 7 PHOTO	20
Step 8 - More Dress And Arm	21
STEP 8 PHOTO	22
Step 9 - Dress Highlights And Hair	23
STEP 9 PHOTO	24
Step 10 - Finish Hat And Girl	25
STEP 10 PHOTO	27
Step 11 - Midground Greenery	28
STEP 11 PHOTO	29
Step 12 - Little Tiny Flowers	30
STEP 12 PHOTO	31
Step 13 - Little Bit Bigger Flowers	32
STEP 13 PHOTO	33
Step 14 - Finishing Touches	34
STEP 14 PHOTO	35
Traceable	36

PAINT AND TOOL GUIDE

Use this paint legend below to understand the symbols that I use to give you important painting information.

PAINT

- Cadmium Red Medium = **CRM**
- Quinacridone Magenta = **QM**
- Cadmium Yellow Medium = **CYM**
- Phthalo Blue = **PB**
- Ultramarine Blue = **UB**
- Phthalo Green = **PG**
- Burnt Sienna = **BS**
- Mars Black = **MB**
- Titanium White = **TW**
- Yellow Ochre = **YO**
- Golden's Acrylic Satin Glazing Liquid = **ASL**

BRUSHES & TOOLS

- Large Synthetic Oval Mop
- Medium Synthetic Grainer
- Medium Hog Round
- Medium Synthetic Round
- Small Synthetic Round
- Small Synthetic "D"
- Small Hog Round
- Saral Paper

TOOLS

- 8x8 Canvas (If you notice that your canvas started to warp, as sometimes happens, just turn the canvas over and put it back side forward on your easel, then mist the back of the canvas. It usually resolves itself. Let it dry before you proceed.)
- Optional: Sta-Wet Palette

SYMBOL GUIDE

- > Less than previous amount
- < More than previous amount
- + Equal amount

Techniques You Will Use In This Painting

- Color Theory
- Implying Foliage
- Atmospheric Perspective
- Finding Value
- Dry Brushing
- Directionality
- Blending Wet into Wet
- Clouds
- Setting a Horizon line
- Color Mixing

Video Chapter Guide

Below are the timestamps we inserted in the tutorial video so that you can easily coordinate using the book and the tutorial video simultaneously.

Intro	00:00	
Step 1	03:21	Colored Ground
Step 2	05:21	Blended Blue Sky And Ground
Step 3	09:10	Blending And Faraway Greenery
Step 4	12:15	Distant Clouds
Step 5	16:52	Transfer Image
Step 6	20:15	Block In Girl
Step 7	27:15	Layer One Dress
Step 8	31:20	More Dress And Arm
Step 9	40:47	Dress Highlights And Hair
Step 10	49:32	Finish Hat And Girl
Step 11	1:01:25	Midground Greenery
Step 12	1:08:10	Little Tiny Flowers
Step 13	1:13:20	Little Bit Bigger Flowers
Step 14	1:19:30	Finishing Touches
	1:24:25	Sign

Step 1 - Colored Ground

Timestamp 3:21

“It’s Going To Be Fun“

PAINT

- Ultramarine Blue = **UB**

BRUSHES & TOOLS

- Large Synthetic Oval Mop

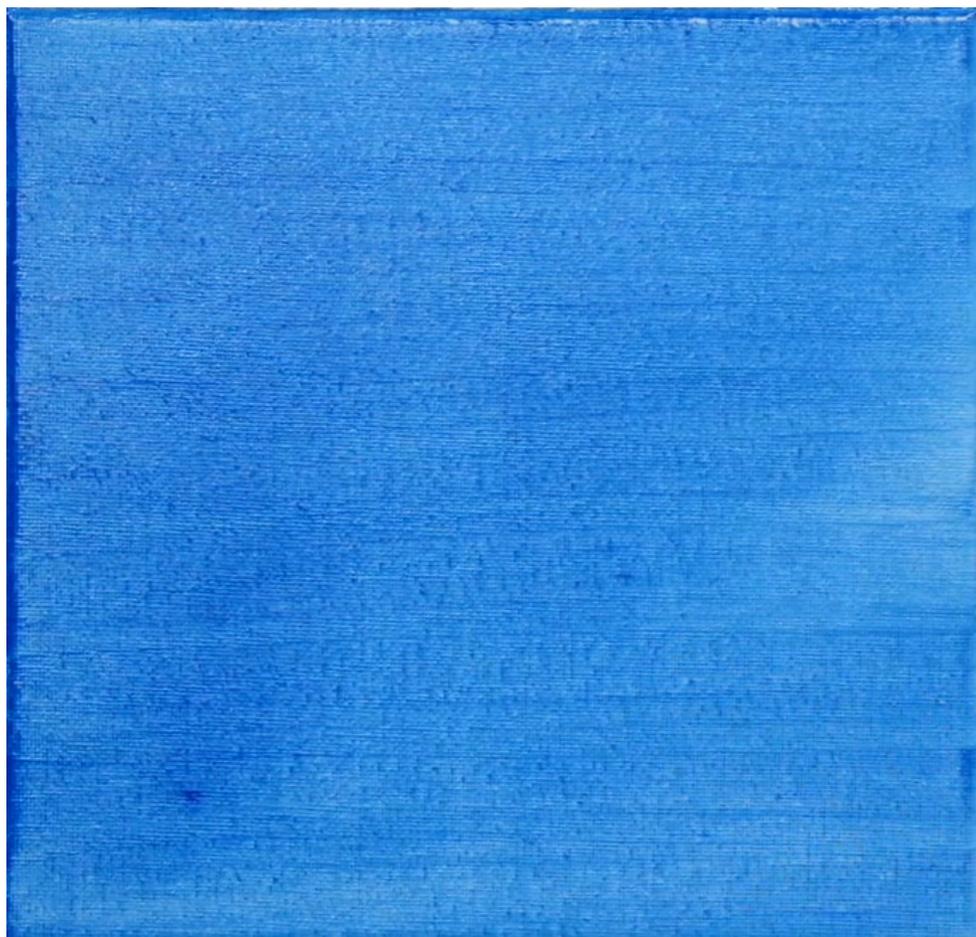
COLOR MIXES

STEP DISCUSSION

Load your brush with Ultramarine Blue and roughly cover the entire canvas. Mists the canvas with water if needed. Use long vertical and horizontal strokes to smooth the paint and ensure complete coverage. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 1 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 2 - Blended Blue Sky And Ground

Timestamp 5:21

“Smooth Transitions“

PAINT

- Cadmium Yellow Medium = **CYM**
- Phthalo Blue = **PB**
- Phthalo Green = **PG**
- Burnt Sienna = **BS**
- Titanium White = **TW**
- Golden's Acrylic Satin Glazing Liquid = **ASL**

BRUSHES & TOOLS

- Large Synthetic Oval Mop

COLOR MIXES

- Light Blue = **TW > PB**
- Sky Blue = **TW + PB**
- Medium Green = **CYM > (PG + BS) > TW**
- Dark Green = **PG + BS**
- Yellow Green = **CYM > PG**

STEP DISCUSSION

Load some Satin Glazing Liquid onto the brush then add some of the **Light Blue mix**. Start at about $\frac{1}{3}$ of the way from the bottom, and use long horizontal strokes to paint the sky. As you move upward, start blending in some of the **Sky Blue mix** to darken the upper sky. Use more Satin Glazing Liquid as needed to get a nice blend. Then Blend the paint down from the top, using the same long horizontal strokes. Rinse the brush.

Blend a little bit of the **Medium Green mix** into the lower sky background and paint downward using the same long horizontal strokes. Blend the **Dark Green mix** at the bottom of the canvas. Rinse the brush.

Create a faded transition space between the sky and the ground by very lightly blending the **Yellow Green mix**. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 2 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 3 - Blending And Faraway Greenery

Timestamp 9:10
"Soft And Subtle"

PAINT

- Cadmium Yellow Medium = **CYM**
- Phthalo Blue = **PB**
- Phthalo Green = **PG**
- Burnt Sienna = **BS**
- Titanium White = **TW**
- Golden's Acrylic Satin Glazing Liquid = **ASL**

BRUSHES & TOOLS

- Large Synthetic Oval Mop
- Small Synthetic Filbert Grainer

COLOR MIXES

- Light Blue = **TW > PB**
- Sky Blue = **TW + PB**
- Medium Green = **CYM > (PG + BS) > TW**
- Dark Green = **PG + BS**
- Yellow Green = **CYM > PG**

STEP DISCUSSION

Use the mop to quickly add another layer to the sky and the ground again, using the same mixes as in the previous step. Rinse the brush.

Switch to the Filbert Grainer and while the transition area is still wet begin adding the **Medium Green mix** and Satin Glazing Liquid in short vertical strokes along the horizon line to create distant grass. Continue the blend until it is soft and subtle, adding some of the **Light Blue mix** as needed. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 3 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 4 - Distant Clouds

Timestamp 12:15

“Little Faraway Clouds“

PAINT

- Phthalo Blue = **PB**
- Titanium White = **TW**
- Golden's Acrylic Satin Glazing Liquid = **ASL**

BRUSHES & TOOLS

- Medium Hog Round

COLOR MIXES

- Light Blue = **TW > PB**

STEP DISCUSSION

Add Satin Glazing Liquid to some Titanium White and wiggle some light wispy Stratus clouds in the distant upper sky. Apply very light pressure especially when creating the faint, barely there clouds. If some get a little too heavy you can paint them back a little bit with the **Light Blue mix**. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 4 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 5 - Transfer Image

Timestamp 16:52
“Ghost Image“

PAINT

BRUSHES & TOOLS

- Saral Paper
- Pen

COLOR MIXES

STEP DISCUSSION

To transfer the line drawing onto the canvas, first print out the traceable. Cut it to size and then cut a sheet of saral paper to size. Tape all four sides, being sure to place the dusty side of the Saral paper down. Place the figure where you want it and stretch it slightly, and tape it down securely. Use a ballpoint pen and firmly press down on all the lines, hard enough that white lines will be left behind. Check to see if it worked well enough. You should be able to faintly see the lines, like a little ghost image.

STEP 5 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 6 - Block In Girl

Timestamp 20:15

“The Subtractive Method“

PAINT

- Cadmium Red Medium = **CRM**
- Quinacridone Magenta = **QM**
- Ultramarine Blue = **UB**
- Burnt Sienna = **BS**
- Mars Black = **MB**
- Yellow Ochre = **YO**

BRUSHES & TOOLS

- Medium Synthetic Round\

COLOR MIXES

- Dark Straw = **BS + YO > MB**
- Dark Brown = **BS + MB**
- Warm Beige = **TW > (YO + CRM)**
- Burgundy = **CRM + QM > UB**
- Viva Magenta = **QM + CRM**

STEP DISCUSSION

Paint in the hat with the **Dark Straw mix**. Add the darkest value on the hair with the **Dark Brown mix**. Feather out the ends. Rinse the brush.

Paint the arm with the **Warm Beige mix**, adding water if needed to improve flow. No need to paint a hand because it will be hidden amongst the flowers. Rinse the brush.

Block in the jacket with the **Burgundy mix**, brushing this color back into the hair. Without rinsing add a little more Ultramarine, and paint the shadows under the jacket and between the arm. Add more Quinacridone Magenta and continue painting in the sleeve. So I painted over my line a little bit. So I rinsed my brush out with clean water and erased it.

Use the **Viva Magenta mix** to paint in the skirt, brushing the strokes downward while curving the stroke. To give the skirt form and shape you curve the stroke left on the left side, then it goes straight towards the center in the middle, and then on the right side it curves a little right. Brush it down to create an uneven feathered edge that will help the dress feel like it is deep amongst the plants. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 6 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer

Step 7 - Layer One Dress

Timestamp 27:15

“Sneaking Up On The Painting“

PAINT

- Cadmium Red Medium = **CRM**
- Quinacridone Magenta = **QM**
- Ultramarine Blue = **UB**
- Titanium White = **TW**

BRUSHES & TOOLS

- Medium Synthetic Round

COLOR MIXES

- Pink = **QM + CRM + TW**
- Burgundy = **CRM + QM > UB**

STEP DISCUSSION

Start painting the skirt using the **Pink mix**, brushing that down. Use the **Burgundy mix** to create the shadows on the skirt. Rinse the brush.

Continue to use the **Pink mix** for the lighter areas of the dress and the **Burgundy mix** for the shadows. Brush the **Pink mix** back into the hair to give it that feathery effect. Apply the **Burgundy mix**, using it as a triangular shadow between the arm and waist and down the front of the arm. Building up the layers of this figure one layer at a time. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 7 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 8 - More Dress And Arm

Timestamp 31:20

“The Squiggly Pattern“

PAINT

- Cadmium Red Medium = **CRM**
- Quinacridone Magenta = **QM**
- Ultramarine Blue = **UB**
- Burnt Sienna = **BS**
- Titanium White = **TW**
- Golden's Acrylic Satin Glazing Liquid = **ASL**

BRUSHES & TOOLS

- Medium Synthetic Round
- Small Synthetic Round

COLOR MIXES

- Light Pink = **TW > (QM + CRM)**
- Warm Beige = **TW > (YO + CRM)**
- Mid Blue = **UB + TW**

STEP DISCUSSION

Very carefully paint three lines across the bottom of the jacket, using the **Light Pink mix**. And the Medium Round brush. Then bring another band down the shoulder, following the curve of the arm. Grab some Satin Glazing Liquid if needed and continue applying the stripe downward on the skirt. Rinse the brush.

Make the **Warm Beige mix** a slightly darker value and paint another layer onto the arm. Add a little Burnt Sienna and a little Ultramarine Blue to the **Warm Beige mix**, and paint the darker shadows under the sleeve and down the front of the arm. Rinse and wipe the brush, then very softly blend that shadow giving it a soft transition. Rinse the brush.

Switch to a damp Small round brush and using Titanium White, begin to squiggle in a small pattern on top of the light pink bands. Add a drop of water as needed. Then paint in between those squiggle patterns with some **Mid Blue mix**. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 8 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer

Step 9 - Dress Highlights And Hair

Timestamp 40:47

“Hot Spot“

PAINT

- Cadmium Red Medium = **CRM**
- Quinacridone Magenta = **QM**
- Cadmium Yellow Medium = **CYM**
- Burnt Sienna = **BS**
- Titanium White = **TW**
- Yellow Ochre = **YO**

BRUSHES & TOOLS

- Small Synthetic Filbert Grainer
- Medium Synthetic Round
- Small Synthetic “D”

COLOR MIXES

- Light Magenta = **TW + CRM + QM > CYM**
- Brownish Orange = **(CYM + CRM) + BS**
- Warm Yellow = **CYM + YO**
- Light Yellow = **CYM + YO + TW**

STEP DISCUSSION

Use the “D” brush to dry brush the **Light Magenta mix** onto the back of the jacket. Then, lightly brush some of this color between the pattern on the skirt and onto the sleeve of the jacket. Rinse the brush.

Load some Burnt Sienna onto the Round brush and begin to flow a little hair down her back. Paint this color right over the darker color and add a little water if needed, feathering the hair out at the ends. Rinse the brush.

Switch to the Grainer brush and apply a sweeping downward motion over the hair with the **Brownish Orange mix**. Highlight the hair with the **Warm Yellow mix**. Paint the stroke back up towards the top if you need to.

Use short brush strokes and the **Light Yellow mix** to paint a reflection going across the hair. Adjust the hair as needed using the previous mixes. Add a few shadows with some Burnt Sienna and create a hotspot of highlight by adding Titanium White. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 9 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 10 - Finish Hat And Girl

Timestamp 49:32

“Details, Complexity And Depth“

PAINT

- Cadmium Red Medium = **CRM**
- Quinacridone Magenta = **QM**
- Cadmium Yellow Medium = **CYM**
- Ultramarine Blue = **UB**
- Burnt Sienna = **BS**
- Mars Black = **MB**
- Titanium White = **TW**
- Yellow Ochre = **YO**
- Golden's Acrylic Satin Glazing Liquid = **ASL**

BRUSHES & TOOLS

- Small Synthetic Round
- Medium Synthetic Round
- Small Synthetic “D”

COLOR MIXES

- Warm Yellow = **CYM + YO**
- Lemon Yellow = **CYM + TW**
- Dark Straw = **BS + YO > MB**
- Pink = **QM + CRM + TW**
- Purple = **QM + UB**
- Dark Brown = **BS + MB**
- Brownish Orange = **(CYM + CRM) + BS**
- Dark Orange = **(CYM + CRM) > MB**

STEP DISCUSSION

Dry brush the **Warm Yellow mix** onto the hat using rough brush strokes and following the direction of the hat. Sometimes the brushstroke curves with the hat. Use the toe of the brush at the rim of the hat to get a good edge.

Use the **Lemon Yellow mix** to start highlighting the top of the hat and sweeping it around the brim. Lightly dry brush the **Dark Straw mix** into the shadows on the hat, adding even more Mars Black to darken it further. Rinse the brush.

Use the Medium Round brush to add a bit more Titanium White to the **Lemon Yellow mix**. Roughly highlight the front of the hat to create texture and a weaved effect. Dry brush this color onto the brim of the hat as well. Continue adjusting and playing with the light and dark hat mixes until you are happy. Rinse the brush.

Switch to the Small Round brush and carefully paint the ribbon on the hat with the **Pink mix**. Add more Titanium White to the mix and highlight the front of that ribbon. Rinse the brush.

Switch back to the Medium Round brush and load some of the **Purple mix** on to it, then mix in the Satin Glazing Liquid. Very carefully glaze the shadows onto the dress.

Then, add a shadow under the hat and through the hair with the **Dark Brown mix**. Rinse the brush, and blend in some of the **Brownish Orange mix** back into the hair. Rinse the brush.

Switch back to the Small round brush and paint the center of the flower on the hat with some of the **Dark Orange mix**. Rinse the brush.

Carefully paint the petals of the flower using the **Pink mix**, and highlight the center with a bit of the **Warm Yellow mix**. Rinse the brush.

Glaze a shadow onto the hat, under that flower using some of the **Purple mix** with Satin Glazing Liquid mixed in. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 10 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 11 - Midground Greenery

Timestamp 1:01:25

“Open Meadow Grass“

PAINT

- Cadmium Yellow Medium = **CYM**
- Phthalo Green = **PG**
- Burnt Sienna = **BS**

BRUSHES & TOOLS

- Medium Synthetic Grainer

COLOR MIXES

- Chartreuse = **(PG + BS) < CYM**
- Dark Green = **PG + BS**

STEP DISCUSSION

Using short upward strokes, begin layering the **Chartreuse mix** over the original blend along the horizon. Allow some of the color below to show through as you move down slightly.

Without rinsing, blend some of the **Dark Green mix** into the **Chartreuse mix** and paint some shadows into the distant grass. Rinse the brush.

Layer the forward grass onto the lower part of the canvas using the **Dark Green mix** and the same short upward strokes, and again allowing the color below to show through. Paint these grasses up and over the bottom of the dress and the hand, and through the entire lower canvas. Rinse the brush.

Layer some of the **Chartreuse mix** over top of the wet grass to give them some highlights and nicely blend it in. Add water as needed. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 11 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 12 - Little Tiny Flowers

Timestamp 1:08:10

“Loose Brush Strokes“

PAINT

- Quinacridone Magenta = **QM**
- Titanium White = **TW**

BRUSHES & TOOLS

- Small Hog Round

COLOR MIXES

- Pale Pink = **TW > QM**

STEP DISCUSSION

Apply tiny little dashes of the **Pale Pink mix** throughout the grassy area. Allow this mix to vary, making some of these flowers even lighter and some to be a little darker. Cluster some of them together without creating a pattern, while barely touching the brush to the canvas. These distant flowers are small but they will still vary in size, somewhat. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 12 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 13 - Little Bit Bigger Flowers

Timestamp 1:13:20

“Bloopy Foreground Flowers“

PAINT

- Quinacridone Magenta = **QM**
- Titanium White = **TW**

BRUSHES & TOOLS

- Medium Synthetic Round

COLOR MIXES

- Dark Pink = **QM + TW**
- Pale Pink = **TW > QM**

STEP DISCUSSION

Paint the overall roundish shape of the foreground flowers with the **Dark Pink mix**. Because these flowers are closer to the viewer they will be slightly larger than the background flowers, but will still vary in size. Paint some of the flowers that come right off the canvas. Rinse the brush.

Add some lighter flowers in this foreground area using the **Pale Pink mix**. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 13 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 14 - Finishing Touches

Timestamp 1:19:30

“To Sign Or Not To Sign“

PAINT

- Cadmium Red Medium = **CRM**
- Quinacridone Magenta = **QM**
- Cadmium Yellow Medium = **CYM**
- Mars Black = **MB**

BRUSHES & TOOLS

- Small Synthetic Round

COLOR MIXES

- Light Pink = **TW** > (**QM** + **CRM**)
- Yellow Orange = **CYM** > **CRM**

STEP DISCUSSION

Add a couple of small wavy ribbons, horizontally along the bottom of the sleeve with the **Light Pink mix**. Rinse the brush.

Exaggerate the shadow on the arm, under the sleeve by adding Satin Glazing Liquid to a little Mars Black. Rinse the brush.

Paint little centers on some of the flowers with the **Yellow Orange mix**. Add a few tiny centers on some of the distant flowers, as well. Rinse the brush.

Sign.

STEP 14 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Traceable

