

# The Art Sherpa Presents

*13 Days - Day - 4*

## *Dancing Ghost*

*Who Ghost's There*

Name credit to Patrons:Angela Swhab Wolfe / Cathy Puluso



10 Steps

Difficulty: Beginner - 1 Hoot 🦉

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# PAINT AND TOOL GUIDE

Use this paint legend below to understand the symbols that I use to give you important painting information.

## PAINT

- Cadmium Red Medium = **CRM**
- Cadmium Yellow Medium = **CYM**
- Ultramarine Blue = **UB**
- Burnt Sienna = **BS**
- Mars Black = **MB**
- Titanium White = **TW**
- Yellow Ochre = **YO**
- Fluid White Paint = **FWP**
- Golden's Acrylic Satin Glazing Liquid = **ASL**

## BRUSHES & TOOLS

- Large Synthetic Oval Mop
- Small Synthetic Round
- Medium Hog Round
- Chalk Pencil or Watercolor Pencil

## TOOLS

- 11x14 Canvas (If you notice that your canvas started to warp, as sometimes happens, just turn the canvas over and put it back side forward on your easel, then mist the back of the canvas. It usually resolves itself. Let it dry before you proceed.)
- Optional: Sta-Wet Palette

## SYMBOL GUIDE

- > Less than previous amount
- < More than previous amount
- + Equal amount

## Techniques You May Use In This Painting

- Color Theory
- Expressive Painting Strokes
- Being Painterly and Loose
- Atmospheric Perspective
- Finding Value
- Dry Brushing
- Directionality
- Blending Wet into Wet
- Setting a Horizon line
- Color Mixing
- Implying Motion

## Video Chapter Guide

Below are the timestamps we inserted in the tutorial video so that you can easily coordinate using the book and the tutorial video simultaneously.

Intro	00:00	
Step 1	02:27	Acrylic Ground
Step 2	05:03	Sketching In
Step 3	06:43	Glow From Below
Step 4	10:26	Spooky Atmosphere
Step 5	15:00	Mystical Flame Reflections
Step 6	17:51	Circle Of Flames
Step 7	22:18	Ghost Brushing
Step 8	29:41	A Vaporous Apparition
Step 9	34:28	Spectral Highlights
Step 10	36:46	Boo!
	38:42	Sign

# Step 1 - Acrylic Ground

Timestamp 2:27

“Cool Dry”

## PAINT

- Mars Black = **MB**

## BRUSHES & TOOLS

- Large Synthetic Oval Mop

## COLOR MIXES

## STEP DISCUSSION

Load the brush with Mars Black, and then roughly paint the entire canvas until it is loosely covered. Smooth the paint somewhat by applying long strokes, vertically and horizontally. This helps to ensure that the canvas is completely covered. Rinse the brush.

Dry the surface before continuing to the next step.

**Sherpa Tip:** Consider giving this canvas a second coat to give it a Matte Black finish.

## STEP 1 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.



# Step 2 - Sketching In

Timestamp 5:03

“Disappearing Chalk”

## PAINT

## BRUSHES & TOOLS

- Chalk Pencil or Watercolor Pencil

## COLOR MIXES

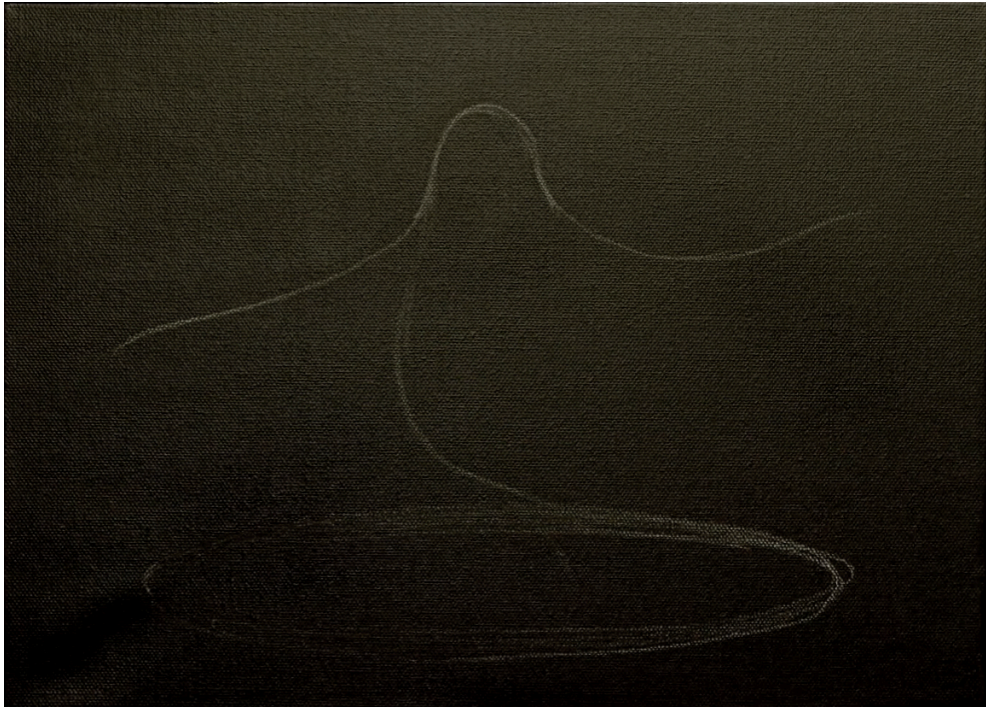
## STEP DISCUSSION

I chose to freehand this image but I have also provided a traceable if you prefer to use that method. There is no right or wrong way to get your image on the canvas. You can grid, transfer, or freehand, whatever makes you the most comfortable. If you are free handing, you have the picture that follows this step, and the traceable to assist you. I drew in only the major objects using a Chalk Pencil.

Begin by sketching a bump in the upper center of the canvas, for the head. Next bring long wispy arms outward in near parallel positions. Then, from the left side of the head, draw a curved line for the belly that turns to the right and trails off towards the bottom of the canvas.

Finally draw a large ellipse under the ghost, where the candles will be located.

## STEP 2 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

## Step 3 - Glow From Below

Timestamp 6:43

“Bound To The Earthly Plane“

### PAINT

- Cadmium Red Medium = **CRM**
- Cadmium Yellow Medium = **CYM**
- Burnt Sienna = **BS**
- Mars Black = **MB**
- Titanium White = **TW**
- Yellow Ochre = **YO**

### BRUSHES & TOOLS

- Medium Hog Round

### COLOR MIXES

- Rusted Orange = **CYM + CRM > BS**
- Light Ochre = **TW + YO**

### STEP DISCUSSION

Apply the **Rusted Orange mix** in short horizontal strokes within the eclipse, to create the barn floor. Blend the edges in by adding some Mars Black to the mix. Then use this darker mix to add shadows into the ellipse area as well. Light some of the straw in the bottom of the canvas with the **Rusted Orange mix**.

Highlight the straw below the ghost with some **Light Ochre mix**. If you get it too light, just bring more of the **Rusted Orange mix** back into it. Rinse the brush.

Dry the surface before continuing to the next step.

## STEP 3 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.



## Step 4 - Spooky Atmosphere

Timestamp 10:26

“Aeromancy”

### PAINT

- Cadmium Red Medium = **CRM**
- Cadmium Yellow Medium = **CYM**
- Burnt Sienna = **BS**
- Mars Black = **MB**
- Golden's Acrylic Satin Glazing Liquid = **ASL**

### BRUSHES & TOOLS

- Large Synthetic Oval Mop
- Medium Hog Round

### COLOR MIXES

- Rusted Orange = **CYM + CRM > BS**

### STEP DISCUSSION

Load the **Rusted Orange mix** onto the Hog brush and apply short vertical strokes throughout the upper background. Use a dry brush to imply these are reflected flames on a barn wall. Rinse the brush.

Switch to the Oval Mop and load it with Satin Glazing Liquid, then tint it with some of the **Rusted Orange mix**. Darken this mix with a little Mars Black. Using a light pressure and a slightly curved criss cross stroke to create a misty transition between the wall and the floor. Adjust the mix as desired. Use this mix and slightly longer vertical strokes to blend the reflections on the walls as well. Rinse the brush.

Dry the surface before continuing to the next step.

**Sherpa Tip:** If you get too much of a color and want to knock it back a bit, just add Mars Black and blend it in.

## STEP 4 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

## Step 5 - Mystical Flame Reflections

Timestamp 15:00  
“Elemental Orbs”

### PAINT

- Cadmium Red Medium = **CRM**
- Cadmium Yellow Medium = **CYM**
- Burnt Sienna = **BS**
- Mars Black = **MB**
- Titanium White = **TW**

### BRUSHES & TOOLS

- Small Synthetic Round

### COLOR MIXES

- Dark Brown = **BS + MB**
- Orange = **CYM + CRM**

### STEP DISCUSSION

Add shadows into the straw on the floor by applying short, slightly curved, horizontal marks into the ellipse, using the **Dark Brown mix**. Without rinsing the brush add some of the **Orange mix** and brush it onto the same area to warm it up a little. Rinse the brush.

Load Titanium White on the toe of the brush, and paint the candle flames around the light that encircles the area beneath the ghost. Rinse the brush.

Dry the surface before continuing to the next step.

## STEP 5 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.



## Step 6 - Circle Of Flames

Timestamp 17:51  
“Circle Rituals”

### PAINT

- Cadmium Red Medium = **CRM**
- Cadmium Yellow Medium = **CYM**
- Fluid White Paint = **FWP**

### BRUSHES & TOOLS

- Small Synthetic Round

### COLOR MIXES

- Orange = **CYM + CRM**

### STEP DISCUSSION

Wiggle some energetic glow, emanating from each of the flames with some of the **Orange mix** loaded on the toe of the brush. Rinse the brush.

Use Cadmium Yellow Medium to paint the whites of each flame. Rinse the brush.

Add a small hotspot to the center of each of those flames using Fluid White Paint. Rinse the brush.

Dry the surface before continuing to the next step.

## STEP 6 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer

## Step 7 - Ghost Brushing

Timestamp 22:18  
“Astral Projection”

### PAINT

- Cadmium Red Medium = **CRM**
- Cadmium Yellow Medium = **CYM**
- Ultramarine Blue = **UB**
- Burnt Sienna = **BS**
- Titanium White = **TW**
- Yellow Ochre = **YO**
- Golden's Acrylic Satin Glazing Liquid = **ASL**

### BRUSHES & TOOLS

- Medium Hog Round
- Small Synthetic Round

### COLOR MIXES

- Yellow Orange = **CYM > CRM**
- Light Grey = **TW > UB < BS**
- Light Ochre = **TW + YO**

### STEP DISCUSSION

Use the Synthetic brush loaded with the **Yellow Orange mix** to paint some reflected light coming horizontally from the base of the flames. Then add some extra glowing highlights into the center of the circle. Rinse the brush.

Switch to the Hog brush to help achieve a feathered edge effect. Load the brush with some of the **Light Grey mix** and some Satin Glazing Liquid. Apply this around the upper edges of the ghost, using light pressure and sweeping and curling the strokes as you go.

Use the **Light Ochre mix** to create the shape of the head and body on the left side. You want to keep this light and airy so if you apply too much, just use a damp brush to remove the unwanted paint. Repeat this on the right side of the head and also add an arm that tapers off to the right. Continue filling in the body and the left arm using the same dry brush method.

Add a few light strokes of the **Light Grey mix** throughout the ghost to cool the value slightly.

Mix some Titanium White to the **Yellow Orange mix** and brush some reflected light coming upward into the bottom of the ghost body. Add a bit of this warmth to the underside of the arms. Rinse the brush.

Dry the surface before continuing to the next step.

## STEP 7 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

## Step 8 - A Vaporous Apparition

Timestamp 29:41  
“Spiritual Journey“

### PAINT

- Ultramarine Blue = **UB**
- Burnt Sienna = **BS**
- Titanium White = **TW**
- Golden's Acrylic Satin Glazing Liquid = **ASL**

### BRUSHES & TOOLS

- Medium Hog Round

### COLOR MIXES

- Light Grey = **TW > UB < BS**

### STEP DISCUSSION

Load the brush with the **Light Grey mix** and some Satin Glazing Liquid. Apply another layer to the ghost, varying the mix as needed. Continue building up the ghost layers using a lot of “S” strokes through the body and wispy curls to the mist come off of the edges of the ghost. Rinse the brush.

Dry the surface before continuing to the next step.



## STEP 8 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer

## Step 9 - Spectral Highlights

Timestamp 34:28

“Levitation”

### PAINT

- Titanium White = **TW**
- Golden's Acrylic Satin Glazing Liquid = **ASL**

### BRUSHES & TOOLS

- Medium Hog Round

### COLOR MIXES

### STEP DISCUSSION

Add Satin Glazing Liquid to Titanium White and begin adding highlights onto the ghost, starting at the belly. Continue adding highlights onto the arms and through the wispy curls above them. Adjust as you feel you need. Rinse the brush.

Dry the surface before continuing to the next step.

## STEP 9 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

## Step 10 - Boo!

Timestamp 36:46

“Manifestation”

### PAINT

- Mars Black = **MB**
- Titanium White = **TW**
- Fluid White Paint = **FWP**
- Golden's Acrylic Satin Glazing Liquid = **ASL**

### BRUSHES & TOOLS

- Small Synthetic Round

### COLOR MIXES

- Grey = **TW > MB**
- Fluid Grey = **FWP > MB**

### STEP DISCUSSION

Add Glazing Liquid to some Mars Black, then using the toe of the brush sketch in the eyes and mouth. Paint the left edges of the eyes and mouth with the **Grey mix**. Rinse the brush.

Thin some Mars Black with a little water and fill in the remaining area of the eyes and mouth. Apply another layer of highlight along the left side of the eyes and mouth using the **Fluid Grey mix**. Rinse the brush.

Sign.



## STEP 10 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.



Traceable

