

The Art Sherpa Presents

13 Days - Day - 8
The Handmaid's Tale

Under His Eye

Name credit to Patrons: Ashley Welch, Brandi Orner, Cathy Puluso, Chivon Siobhan



15 Steps

Difficulty: Challenging - 3 Hoot 🦉🦉🦉

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PAINT AND TOOL GUIDE

Use this paint legend below to understand the symbols that I use to give you important painting information.

PAINT

- Cadmium Red Medium = **CRM**
- Quinacridone Magenta = **QM**
- Cadmium Yellow Medium = **CYM**
- Phthalo Blue = **PB**
- Ultramarine Blue = **UB**
- Burnt Sienna = **BS**
- Dioxazine Purple = **DP**
- Mars Black = **MB**
- Titanium White = **TW**
- Fluid White Paint = **FWP**
- Golden's Acrylic Satin Glazing Liquid = **ASL**

BRUSHES

- Small Synthetic Round
- Small Synthetic Angle
- Medium Hog Bright
- Medium Hog Round

TOOLS

- Pencil
- Saral Paper
- Splatter Tool or Old Toothbrush
- 12x12 Canvas (If you notice that your canvas started to warp, as sometimes happens, just turn the canvas over and put it back side forward on your easel, then mist the back of the canvas. It usually resolves itself. Let it dry before you proceed.)
- Optional: Sta-Wet Palette

SYMBOL GUIDE

- > Less than previous amount
- < More than previous amount
- + Equal amount

Techniques You May Use In This Painting

- Color Theory
- Implying Foliage
- Expressive Painting Strokes
- Being Painterly and Loose
- Atmospheric Perspective
- Finding Value
- Dry Brushing
- Directionality
- Blending Wet into Wet
- Setting a Horizon line
- Color Mixing
- Implying Motion

Video Chapter Guide

Below are the timestamps we inserted in the tutorial video so that you can easily coordinate using the book and the tutorial video simultaneously.

Intro	00:00	
Step 1	01:57	Underpainting
Step 2	08:19	Distant Background
Step 3	16:19	Distant Trees
Step 4	19:29	Burgundy Leaves
Step 5	31:37	Leaf Highlights
Step 6	42:08	Midground Trees
Step 7	56:51	Snow
Step 8	1:07:08	Snow Highlights
Step 9	1:09:42	Transfer Image
Step 10	1:14:10	Refining The Lines
Step 11	1:17:04	Casting Shadows
Step 12	1:24:01	Figure In Red
Step 13	1:29:59	Radiating Light
Step 14	1:34:47	Refining The Figure
Step 15	1:47:05	Snow Splatter
Sign	1:49:34	Sign

Step 1 - Underpainting

Timestamp 1:57

“Blocking In Values“

PAINT

- Cadmium Yellow Medium = **CYM**
- Phthalo Blue = **PB**
- Ultramarine Blue = **UB**
- Burnt Sienna = **BS**
- Dioxazine Purple = **DP**
- Mars Black = **MB**
- Titanium White = **TW**

BRUSHES & TOOLS

- Medium Hog Bright

COLOR MIXES

- Dark Grey = **PB + UB > BS**
- Blue Grey = **PB + MB > TW**
- Light Yellow = **TW > CYM**

STEP DISCUSSION

Load the brush with the **Dark Grey mix**. Roughly paint the snowy area in the foreground starting with a horizontal line just under the halfway point. then angling it off either side of the canvas on either side. Rinse the brush.

Paint both sides of the background using the **Blue Grey mix**, leaving an almost circular shape in the center. Wipe the excess paint off the brush with a towel, then without rinsing, load on some Titanium White and continue moving this color inward, while blending the edges of the previous color. Rinse the brush.

Paint the remaining area with the **Light Yellow mix** and blending it into the edges of the previous color. Add even More Titanium White onto the brush and lighten the very center of the background, effectively creating a keyhole of light. Rinse the brush.

Dry the surface before continuing to the next step.

Sherpa Tip: It is ok if the paint looks streaky and scruffy at this point.

STEP 1 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 2 - Distant Background

Timestamp 8:19

“Softly Out Of Focus“

PAINT

- Cadmium Red Medium = **CRM**
- Cadmium Yellow Medium = **CYM**
- Phthalo Blue = **PB**
- Mars Black = **MB**
- Titanium White = **TW**

BRUSHES & TOOLS

- Medium Hog Bright

COLOR MIXES

- Light Yellow = **TW > CYM**
- Orange = **CYM + CRM**
- Dark Blue = **PB + MB**
- Blue Grey = **PB + MB > TW**
- Peachy Orange = **CYM + CRM > TW**

STEP DISCUSSION

Paint another layer of the **Light Yellow mix** in the center of the keyhole of light. This will soften and refine the area, and cover over any green cast. As you move outward begin blending in a bit more Cadmium Yellow Medium.

Without rinsing load on some of the **Orange mix**, and paint a band of this color at the top center of the canvas. Very carefully blend this color, wet into wet, into the yellow edges.

Paint a small area on the right side of the canvas where the background and the foreground meet using the **Dark Blue mix**. Dry brush small circular strokes to imply distant bushes, starting from the center of the horizon line to the right side of the canvas, using the **Blue Grey mix**. Apply similar bushes on the left side, blending both sides into the dark shadows along the edges of the canvas.

Create the distant foliage, arching along either side of the background, using light pressure and the same **Blue Grey mix**. Rinse and wipe the brush.

Blend the **Peachy Orange mix**, starting from the edges of the center of light and moving outwardly towards the distant bushes and foliage. Then, use the **Light Yellow mix** to blend in an irregular edge along the bright center. Continue creating irregular edges until you are happy. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 2 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 3 - Distant Trees

Timestamp 16:19

“Muted Structures“

PAINT

- Phthalo Blue = **PB**
- Burnt Sienna = **BS**
- Mars Black = **MB**
- Titanium White = **TW**
- Golden's Acrylic Satin Glazing Liquid = **ASL**

BRUSHES & TOOLS

- Small Synthetic Round

COLOR MIXES

- Muted Grey = **PB + TW > BS > MB**

STEP DISCUSSION

Use the **Muted Grey mix** on the toe of the brush to paint the very distant trees. These trees are bare of leaves and located along either side of the keyhole of light. They are very muted because they are back lit by the sun. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 3 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 4 - Burgundy Leaves

Timestamp 19:29

“Speculative Fiction“

PAINT

- Cadmium Red Medium = **CRM**
- Cadmium Yellow Medium = **CYM**
- Dioxazine Purple = **DP**

BRUSHES & TOOLS

- X-Small Synthetic Round

COLOR MIXES

- Burgundy = **CRM + DP**
- Burnt Orange = **CYM + CRM > DP**

STEP DISCUSSION

Load the damp brush with the **Burgundy mix**. Begin painting the foliage on the right side randomly, leaving a lot of open spaces. Use soft circular strokes and continue down into the lower shrubs. Repeat that same process on the left side. Rinse and wipe the brush.

As you move inward, closer to the light source, begin adding lighter leaves using the **Burnt Orange mix**. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 4 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 5 - Leaf Highlights

Timestamp 31:37

“Extra Drama“

PAINT

- Cadmium Red Medium = **CRM**
- Cadmium Yellow Medium = **CYM**
- Dioxazine Purple = **DP**

BRUSHES & TOOLS

- Medium Hog Round

COLOR MIXES

- Bright Orange = **CYM > CRM**
- Muted Red = **CRM > DP**

STEP DISCUSSION

Highlight the forward edges of lighter leaves using the **Bright Orange mix**, using the same technique as before. Rinse and wipe the brush.

Highlight the burgundy leaves using the **Muted Red mix**. Allow a lot of the color below to show through. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 5 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 6 - Midground Trees

Timestamp 42:08
“Blessed Day“

PAINT

- Ultramarine Blue = **UB**
- Mars Black = **MB**
- Titanium White = **TW**

BRUSHES & TOOLS

- Small Synthetic Round

COLOR MIXES

- Paynes Grey = **UB + MB**

STEP DISCUSSION

Use the toe of the brush and the **Paynes Grey mix** to start planting trees on both sides of the canvas. The trees closer to the front are larger in perspective. Paint branches here and there that get thinner towards the end creating an arched canopy. Add a drop of water to improve paint flow as needed.

As you get closer to the light source on the right, begin to lighten the mix by adding a little Titanium White. These trees are a bit further back so they will be somewhat smaller. Weave small branches onto them. Continue to adjust and lighten the mix and paint these trees on the left side as well. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 6 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer

Step 7 - Snow

Timestamp 56:51

“A Little More Interesting“

PAINT

- Phthalo Blue = **PB**
- Ultramarine Blue = **UB**
- Mars Black = **MB**
- Titanium White = **TW**
- Golden's Acrylic Satin Glazing Liquid = **ASL**

BRUSHES & TOOLS

- Medium Hog Bright
- Small Synthetic Round

COLOR MIXES

- Cool White = **TW > PB**
- Light Grey = **TW > (UB + MB)**

STEP DISCUSSION

Paint the snow in the foreground using the **Cool White mix**. Apply the paint using the edge of the hog brush and wiggling it around and piling it up around the base of the tree trunks. Improve the flow and extend the color of the paint by adding some Glazing Liquid. Then, use loose horizontal strokes to fill in the forward area, allowing various shades to create some dimension. Rinse the brush.

Switch to the Synthetic Round brush and load it with the **Light Grey mix**. Paint some sketchy highlights onto the sides of the trees that face the light source. Add Glazing Liquid as needed to improve flow. Highlight the trees on both sides of the canvas. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 7 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 8 - Snow Highlights

Timestamp 1:07:08

“We've Been Sent Good Weather“

PAINT

- Cadmium Yellow Medium = **CYM**
- Phthalo Blue = **PB**
- Titanium White = **TW**

BRUSHES & TOOLS

- Medium Hog Bright

COLOR MIXES

- Cool White = **TW > PB**
- Light Yellow = **TW > CYM**

STEP DISCUSSION

Barely tint some Titanium White into the **Cool Blue mix**, then begin adding highlights to the snow using the edge of the brush. Apply this color using short back and forth strokes. Allow some of the darker paint below to show through, creating shadows.

Barely tint some Titanium White with the **Light Yellow mix** and warm the snow through the center of the canvas, using the same short back and forth strokes.

Then, dry brush some pure titanium white over the top, and deepened the shadows once again with the **Cool Blue mix**. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 8 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer

Step 9 - Transfer Image

Timestamp 1:09:42

“Handmaid“

PAINT

BRUSHES & TOOLS

- Saral Paper

COLOR MIXES

STEP DISCUSSION

To transfer the line drawing onto the canvas, first print out the traceable. Cut it to size and then cut a sheet of saral paper to size. Tape all four sides, being sure to place the dusty side of the Saral paper down. Place the figure where you want it and tape it down securely. Use a pencil and firmly press down to copy all the lines, hard enough that lines will be left behind. Check to see if it worked well enough before completely removing the traceable.

I have provided a traceable at the end of this tutorial although the image that follows this step will show you the process. There is no right or wrong way to get your image on the canvas. You can grid, transfer, or freehand, whatever makes you the most comfortable. If you are freehanding, you have the picture that follows this step, and the traceable to assist you.

STEP 9 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 10 - Refining The Lines

Timestamp 1:14:10

“Go In Grace“

PAINT

- Mars Black = **MB**

BRUSHES & TOOLS

- Small Synthetic Round

COLOR MIXES

STEP DISCUSSION

Thin some Mars black with a little water. Then, using the toe of the brush, carefully outline the figure. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 10 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 11 - Casting Shadows

Timestamp 1:17:04

“Serious Shadows Looming“

PAINT

- Cadmium Yellow Medium = **CYM**
- Phthalo Blue = **PB**
- Ultramarine Blue = **UB**
- Burnt Sienna = **BS**
- Mars Black = **MB**
- Titanium White = **TW**

BRUSHES & TOOLS

- Medium Hog Bright
- Medium Hog Round

COLOR MIXES

- Light Grey = **TW > (UB + MB)**
- Paynes Grey = **UB + MB**
- Light Yellow = **TW > CYM**
- Cool White = **TW > PB**
- Grey = **PB + TW > BS**

STEP DISCUSSION

Use a damp Bright brush and the **Light Grey mix** to paint a shadow below the figure that starts at the bottom of the skirt, and widens as it gets to the bottom of the canvas. Without rinsing, add some Burnt Sienna to the brush and create a shadow starting on the bottom left side. Apply short horizontal strokes as you move across the bottom of the canvas to the right side. Then again, without rinsing, add Titanium White to the brush and apply it to the right side, just above the shadow. Weave in a lighter shadow using the **Grey mix**, allowing a lot of the lighter snow to show through. Also weave this color throughout the dark shadow just below the skirt. Rinse the brush.

Apply short horizontal strokes of the **Light Yellow mix** to warm the snow to the right side of the figure. Barely tint, some Titanium White with the **Cool Blue mix**, then lightly apply this color using short back and forth strokes, mostly on the right side of the snow.

Weave in a lighter shadow throughout the dark shadow just below the skirt using the **Light Grey mix**. Ensure that the harsh lines along the edges of this shadow are obscured. Rinse and wipe the brush. Dance between the color mixes in this step, making small adjustments until you are happy. Rinse the brush.

Load a damp Round brush with the **Paynes Grey mix**, and add a deep shadow along the bottom edge of the skirt. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 11 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer

Step 12 - Figure In Red

Timestamp 1:24:01

“Beginning To Hold Her Place“

PAINT

- Cadmium Red Medium = **CRM**
- Quinacridone Magenta = **QM**
- Ultramarine Blue = **UB**
- Burnt Sienna = **BS**
- Dioxazine Purple = **DP**

BRUSHES & TOOLS

- Small Synthetic Angle

COLOR MIXES

- Brown Grey = **UB > BS + TW**
- Deep Magenta = **QM + CRM > DP**
- Viva Magenta = **QM + CRM**

STEP DISCUSSION

Paint the peak of the bonnet using the **Brown Grey mix**. Rinse the brush.

Carefully paint the shadows under the arm and in the deep pleat crevices of the cloak using the **Deep Magenta mix**, and the tip of the brush. Also add shadows under the scarf, the back of the bonnet, the creases on the hood, the shadow under the hood and along the back.

Mix just a touch of Dioxazine Purple into the **Viva Magenta mix** and paint the remaining areas of the figure. Then, use this color to just glaze over the arm, leaving the dark lines showing through underneath. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 12 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 13 - Radiating Light

Timestamp 1:29:59

“Slightly Transparent“

PAINT

- Cadmium Yellow Medium = **CYM**
- Titanium White = **TW**
- Golden's Acrylic Satin Glazing Liquid = **ASL**

BRUSHES & TOOLS

- Medium Hog Round

COLOR MIXES

- Light Yellow = **TW > CYM**

STEP DISCUSSION

Using a clean, damp brush, add the **Light Yellow mix** to Glazing Liquid. Begin radiating strokes of slightly transparent light coming from the back of the head. Warm the light with a bit more of the **Light Yellow mix**. Adjust accordingly until you are happy. Rinse the brush.

Exaggerate the flare using the same **Light Yellow mix** to Glazing Liquid, turning the canvas as needed. Take care not to completely cover your previous work. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 13 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer

Step 14 - Refining The Figure

Timestamp 1:34:47

“Godspeed“

PAINT

- Cadmium Red Medium = **CRM**
- Quinacridone Magenta = **QM**
- Cadmium Yellow Medium = **CYM**
- Ultramarine Blue = **UB**
- Burnt Sienna = **BS**
- Dioxazine Purple = **DP**
- Mars Black = **MB**
- Titanium White = **TW**

BRUSHES & TOOLS

- Small Synthetic Angle

COLOR MIXES

- Brown Grey = **UB > BS + TW**
- Viva Magenta = **QM + CRM**
- Deep Magenta = **QM + CRM > DP**
- Bright Orange = **CYM > CRM**
- Paynes Grey = **UB + MB**

STEP DISCUSSION

Lighten the **Brown Grey mix** with a little more Titanium White and paint another layer onto the peak of the bonnet. Rinse the brush.

Use the tip of the brush and the **Viva Magenta mix** to carefully highlight the lighter red areas of the cloak, bonnet, scarf and arm. Then, refine the shadows of the figure using the **Deep Magenta mix**. Rinse the brush.

Use pure Titanium White and paint a super white highlight onto the peak of the bonnet. Then, Lightly blend some of the **Brown Grey mix** upward into the peak. Continue playing, the white against the grey until you are happy with the peak of the bonnet. Rinse the brush.

Refine the red areas of the cloak once again using the **Viva Magenta mix** on the lighter areas, and the **Deep Magenta mix** in the darker shadow areas, ensuring that the layering is to your satisfaction. Rinse the brush.

Use the corner of the brush and Cadmium Red Medium to add a layer of bright highlights along the top edges of the fabric folds. Lighten the hand slightly by adding more Cadmium Red Medium to a little of the **Deep Magenta mix**. Rinse the brush and continue adding Cadmium Red Medium to the top of the folds. Lightly brush in some of the **Bright Orange mix** as the warmest highlights on the figure. Rinse the brush.

Lightly brush a final bright highlight using pure Titanium White on the peak of the bonnet. Rinse the brush.

Blend in another dark shadow layer onto the ground, just under the hem edge skirt, using the **Paynes Grey mix**. Rinse the brush.

Dry the surface before continuing to the next step.

STEP 14 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Step 15 - Snow Splatter

Timestamp 1:47:05

“Flurries“

PAINT

- Fluid White Paint = **FWP**

BRUSHES & TOOLS

- Splatter Tool or Old Toothbrush

COLOR MIXES

STEP DISCUSSION

Cover the top of the figure with a paper towel to protect it from splatters. Load the Splatter Tool or an old toothbrush with the Fluid White Paint. Begin splattering snow onto the canvas by using your finger to flick paint off of the brush, while twisting your wrist. Concentrate most of the splatters in the bottom right side of the skirt. Then, add some splatters to the remaining bottom of the canvas, but not nearly as heavily. Rinse the brush.

Dry the surface before signing.

STEP 15 PHOTO



If you did not understand any part of this step you can ask in the comment section of this video and I will do my best to answer.

Traceable

